
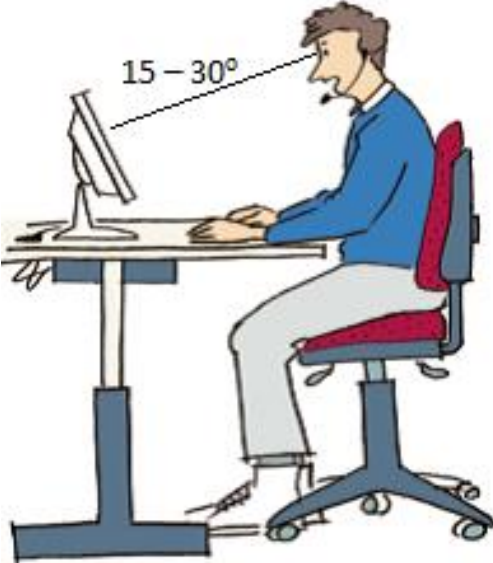


NTNU	Measurement form for computer glasses and safety glasses
	
HMS	

TO BE COMPLETED BY THE EMPLOYEE AND TAKEN TO THE OPTICIAN

Name:	Date of birth:
Employed at:	Position:

	Fill in if computer glasses may be needed: In your normal working position, measure the distance from your eyes to:	
	1. The screen (centre)	cm
	2. The keyboard	cm
	3. Document holder	cm
	4. Need to see further out into the room (counter, etc.)	cm
	5. Do you work in an open-plan office?	YES NO
6. Number of hours spent working at the computer per day		

<p>Fill in if prescription safety glasses are needed:</p> <p>If a safety class is required, indicate this with an X:</p> <p>Work in a laboratory or workshop with low risk, safety class S: <input type="checkbox"/></p> <p>Work involving the risk of high-speed particle impact, safety class F: <input type="checkbox"/></p> <p>If safety glasses will also be used for work at a computer, complete the right side of the form as well.</p>	<p>How is the workplace design? See Customize your computer workplace and indicate with an X:</p> <table border="1"> <tr> <td><input type="checkbox"/></td> <td>Satisfactory</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Unsatisfactory, but can be improved by myself/the unit</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Unsatisfactory</td> </tr> </table>		<input type="checkbox"/>	Satisfactory	<input type="checkbox"/>	Unsatisfactory, but can be improved by myself/the unit	<input type="checkbox"/>	Unsatisfactory
	<input type="checkbox"/>	Satisfactory						
<input type="checkbox"/>	Unsatisfactory, but can be improved by myself/the unit							
<input type="checkbox"/>	Unsatisfactory							
	<p>How are the lighting conditions? See lighting and indicate with an X:</p> <table border="1"> <tr> <td><input type="checkbox"/></td> <td>Satisfactory</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Unsatisfactory, but can be improved by myself/the unit</td> </tr> <tr> <td><input type="checkbox"/></td> <td>Unsatisfactory</td> </tr> </table>		<input type="checkbox"/>	Satisfactory	<input type="checkbox"/>	Unsatisfactory, but can be improved by myself/the unit	<input type="checkbox"/>	Unsatisfactory
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