

# **PENSUMLISTE**

## **HØSTEN 2015**

# **PROFESJONSSTUDIET**

## **I PSYKOLOGI**

**NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET**  
**Fakultet for samfunnsvitenskap og teknologiledelse**



**Pensumplaner Profesjonsstudiet i psykologi, seksårig løp, med opptak fra  
videregående skole**

**Samleoversikt PSYPRO4110 - PSYPRO4604**

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**PSYPRO4110 PSYKOLOGIENS HISTORIE (7,5 STUDIEPOENG HØST )**

Karl Halvor Teigen (2015) 2 utgave. *En psykologihistorie*, Fagbokforlaget. Bergen

Wilhelm Wundt (1896/1897). *Outlines of Psychology* i følgende utdrag:

**INTRODUCTION:**

1. PROBLEM OF PSYCHOLOGY :  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec1.htm>
2. GENERAL THEORIES OF PSYCHOLOGY:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec2.htm>
3. METHODS OF PSYCHOLOGY:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec3.htm>
4. GENERAL SURVEY OF THE SUBJECT:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec4.htm>

John B. Watson (1913). Psychology as the Behaviorist Views it. First published in *Psychological Review*, 20, 158-177. <http://psychclassics.yorku.ca/Watson/views.htm>

**Forslag til fordypningslitteratur:**

Roger Smith (2013). *Between mind and nature: A history of psychology*, London: Reaktion Books

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**PSYPRO4111 PSYKOLOGIENS METODOLOGI (7,5 STUDIEPOENG HØST)**

*Psykologisk forskningsmetode*; en innføring i kvalitative og kvantitative tilnærminger av Darren Langdridge (2006)

<http://www.adlibris.com/no/product.aspx?isbn=8251920485>

**Utvalgte artikler :**

Helseforskningsloven( ca 4 sider):

<http://lovdata.no/dokument/NL/lov/2008-06-20-44>

Forskningsetiske retningslinjer for samfunnsvitenskap, humaniora, juss og teologi. (30 sider)

[https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20\(2006\).pdf](https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20(2006).pdf)

Reid, K., Flowers, P, Larkin, M (2005). Exploring lived

Experience. *The Psychologist*, 18, 20-23

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## PSYPRO4112 KOGNITIV PSYKOLOGI I (7,5 STUDIEPOENG VÅR)

Sternberg, R. J. (2011). *Cognitive Psychology*. Belmont, CA: Wadsworth.

|  |                 |
|--|-----------------|
| Chapter 1: Introduction to Cognitive Psychology                                  | <b>40 pages</b> |
| Chapter 2: Perception  | <b>51 pages</b> |
| Chapter 3: Cognitive Neuroscience, pages 94-115                                  | <b>21 pages</b> |
| Chapter 4, Attention   | <b>51 pages</b> |
| Chapter 5, Memory: Research and Models:  | <b>40 pages</b> |
| Chapter 6, Memory Processes:   | <b>37 pages</b> |
| Chapter 8, Representation and Organisation of Knowledge in Memory, pages 322-340 | <b>17 pages</b> |
| Chapter 9, Language: Nature and Acquisition:                                     | <b>36 pages</b> |
| Chapter 10: Language in context, pages 403-426                                   | <b>23 pages</b> |
| Chapter 11: Problem solving and Creativity:                                      | <b>59 pages</b> |

Engle, R. W. (2002). Working memory capacity as executive attention. *Current Directions in Psychological Science* 11(1), 19-23.

Halford, G. S., Baker, R., McGredden, J. E. and Bain, J. D. (2005). How many variables can humans process? *Psychological Science* 16(1), 70-76.

Total: ca. **400 pages**

In addition, you will read original papers, from peer-reviewed scientific journals, that are relevant to the projects. Some of the papers will be provided, some you will have to find yourself. You will get instruction on how to do that.

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## PSYPRO4113 BIOLOGISK PSYKOLOGI I (7,5 STUDIEPOENG HØST)

Discovering biological Psychology, Laura A. Freberg (2<sup>nd</sup>. Edition) ISBN-13: 978-0-324-82961-7

Nobel lecture by R. Axel, 2004: "Scents and Sensibility: A Molecular Logic of Olfactory Perception". Relevant link:

<http://onlinelibrary.wiley.com/doi/10.1002/anie.200501726/epdf>

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## **PSY4114 SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Aronson, Wilson & Akert (2013), *Social psychology* (8th ed.) Pearson Education.

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## **PSYPRO4115 UTVIKLINGSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Keenan & Evans (2009), *An introduction to child development* (2nd ed.) Sage. 350s. ISBN: 978-1-4129-1115-3

I tillegg: Utvalgte artikler som gjøres tilgjengelig ved kursstart.

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## **PSYPRO4116 PERSONLIGHETSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Larsen & Buss (2013) *Personality Psychology: Domains of knowledge about human nature*. 4th ed. (Kap: 1-3, 5-9, 11-13, 15-16, 18). Antall sider: 438

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## **PSYPRO4117 ABNORMAL PSYKOLOGI (7,5 STUDIEPOENG HØST)**

Nolen-Hoeksema, S. (2014). *Abnormal psychology. International Edition. 6th Edition.* McGraw-Hill. Kap. 1-15.

Kennair, L. E. O. (2012). Evolutionary Clinical Psychology. In V. S. Ramachandran (Ed.), *Encyclopedia of Human Behavior (Second Edition)* (pp. 94-102). San Diego: Academic Press.

Morin, C. and Benca, R. (2012) Chronic insomnia. *The Lancet*, 379, 1129-1141.

[http://dx.doi.org/10.1016/S0140-6736\(11\)60750-2](http://dx.doi.org/10.1016/S0140-6736(11)60750-2)

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## **PSYPRO4201 KLINISK PRAKTIKUM I (7,5 STUDIEPOENG HØST)**

Artikler:

Larry E. Beutler/T.Mark Harwood: *PRESPECTIVE PSYCHOTHEHERAPY – Systematic Treatment Selection*

Anne-Lise Løvlie Schibbye: *Utvikling av personlig og teoretisk refleksivitet: om studenters utdanning i psykoterapi*

Odd Arne Tjersland Gunnar Engen, Ulf Jansen: *Allianser – verdier, teorier og metoder i sosialt arbeid*, Gyldendal akademiske 2010; kapittel 7 *Kontakt og relsjonsutvikling*.

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**PSYPRO4202 KLINISK PRAKTIKUM II (7,5 STUDIEPOENG VÅR)**

Brautaset, H., Egebjerg, I., Johns, U.T. Terapeututvikling. I Svendsen, B., Johns, U. T., Brautaset, H., Egebjerg, I. (red.). Utviklingsrettet intersubjektiv terapi med barn og unge (2012). Fagbokforlaget. Ryum, T. Terapeutkompetanse. I Kennair & Hagen (red), Psykoterapi: tilnærminger og metoder (2014). Gyldendal

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**PSYPRO4203 KLINISK PRAKTIKUM III (7,5 STUDIEPOENG HØST)**

Essentials of WAIS-IV assessment 2nd ed./ Elizabeth O. Lichtenberger, Alan S. Kaufman, 2013

Trykt: Hoboken, N.J.: Wiley

ISBN: 1118419626, 9781118419625

Kap. 2-5. (s53-215)

ebok, tilgjengelig for NTNU.

WISC-IV: Advanced Clinical Interpretation, 2006

Weiss, Lawrence G. Prifitera, Aurelio Saklofske, Donald H.

Publisher: Academic Press

Location: Burlington, MA, USA

eISBN: 9780080466118

ebok, tilgjengelig for NTNU.

<http://site.ebrary.com/lib/ntnu/docDetail.action?docID=10151398>

(Side 59-180)

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**PSYPRO4204 KLINISK PRAKTIKUM IV (7,5 STUDIEPOENG VÅR)**

Diagnose og anamneseintervju

Diagnostic Interviewing, 2010, Fourth Edition

Editors: Daniel L. Segal, Michel Hersen

ISBN: 978-1-4419-1319-7 (Print) 978-1-4419-1320-3 (Online)

ebok, tilgjengelig for NTNU.

<http://link.springer.com/book/10.1007%2F978-1-4419-1320-3>

(side 1- 59)

I tillegg deles ut SCID-I og SCID-II intervju i gruppeøvingene.

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**PSYPRO4312 COGNITIVE PSYCHOLOGY II (7,5 STUDIEPOENG AUTUMN)**

Christiá, A., Seidl, A. (2013). The hyperarticulation hypothesis of infant-directed speech. *Journal of Child Language*, 41(4), 913-34.

Dunning, D. Johnson, K., Ehrlinger, J. and Kruger, J. (2003). Why people fail to recognize their own incompetence. *Current Direction in Psychological Science*, 12(3), 83-87.

Singer, T., Seymour, B., O'Doherty, J. P., Stephan, K. E., Dolan, R. J. and Frith, C. (2006). Empathic neural responses are modulated by the perceived fairness of others. *Nature*, 436,

466-469.

Stanovich, K. E.. (2009). Distinguishing the reflective, algorithmic and autonomous minds: Is it time for a tri-process theory? In two minds: Dual processes and beyond. J. S. B. T. Evans and K Frankish (Eds.), Oxford University Press: Oxford, UK.

Hampshire, A., Highfield, R. R., Parkin, B. L. and Owen, A. M. (2012). Fractionating human intelligence. *Neuron*, 1225-1237.

Frank, R. H. (1988). *Passions Within Reason*. P. 43-80. New York, London: W. W. Norton & Company.

Anthony Chemero (2003) An Outline of a Theory of Affordances, *Ecological Psychology*, 15:2, 181-195, DOI: 10.1207/S15326969ECO1502\_5

Mechsner F. A psychological approach to human voluntary movement. *J Mot Behav*. 2004 Dec;36(4):355-70.

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## **PSYPRO4313 BIOLOGISK PSYKOLGI II (7,5 STUDIEPOENG VÅR)**

Bok:

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. *Principles of Neural Science*, 5te utgave (2013).

Det vil bli trykt en spesialversjon av kursboka, som får redusert antall sider og redusert pris. Da vil kapiteltallet ikke stemme, men navnet til kapitlene vil være identiske. Oppdatert kapitelliste vil komme når forlaget er klare.

Kapittel 6: Membrane potential and the passive electrical properties of the neuron.

Kapittel 7: Propagated signalling: The action potential.

Kapittel 8: Overview of synaptic transmission.

Kapittel 11: Modulation of synaptic transmission: Second messengers.

Kapittel 12: Transmitter release.

Kapittel 13: Neurotransmitters.

Kapittel 15: The organization of the central nervous system.

Kapittel 16: The functional organization of perception and movement.

Kapittel 22: The somatosensory system: Receptors and central pathways.

Kapittel 23: Touch.

Kapittel 24: Pain.

Kapittel 26: Low-level visual processing: The retina.

Kapittel 27: Intermediate-level visual processing and visual primitives.

Kapittel 28: High-level visual processing: Cognitive influences.

Kapittel 29: Visual processing and action.

Kapittel 30: The inner ear.

Kapittel 31: The auditory central nervous system.

Kapittel 32: Smell and taste: The chemical senses.

Kapittel 35: Spinal reflexes.

Kapittel 37: Voluntary movement: The primary motor cortex.

Kapittel 40: The vestibular system.

Kapittel 42: The cerebellum.

Kapittel 43: The basal ganglia.  
Kapittel 46: The modulatory functions of the brain stem.  
Kapittel 47: The autonomic motor system and the hypothalamus.  
Kapittel 48: Emotions and feelings.  
Kapittel 51: Sleep and dreaming.  
Kapittel 60: Language.  
Kapittel 62: Disorders of thought and volition: Schizophrenia.  
Kapittel 63: Disorders of mood and anxiety.  
Kapittel 64: Autism and other neurodevelopmental disorders affecting cognition.  
Kapittel 66: Cellular mechanisms of implicit memory storage and the biological basis of individuality.  
Kapittel 67: Prefrontal cortex, hippocampus and the biology of explicit memory storage.  
ca 530 sider.

Artikler:

Karl J Friston, Andre M Bastos, Dimitris Pinotis, Vladimir Litvak: LFP and oscillations - what do they tell us? *Current opinion in neurobiology*, vol 31, april 2015, pp1-6.

Laura Lee Colgin: Mechanisms and functions of theta rhythms. *Annual review of neuroscience*, vol 36, juli 2013, pp295-312.

Pascal Fries: Neuronal gamma-band synchronization as a fundamental process in cortical computation. *Annual review of neuroscience*, vol 32, juli 2009, pp 209-224.

ca 25 sider.

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## **PSYPRO4314 SOCIAL PSYCHOLOGY II (7,5 STUDIEPOENG SPRING)**

Ajzen, I. (2011). The Theory of Planned Behavior, in : Lange, Paul, A.M. Van, and Kruglanski, Arie W.. *Handbook of Theories of Social Psychology*, Volume 1. London, GBR: SAGE, 2011. ProQuest ebrary. Web. 7 October 2014. Pp. 438-459

Al Ramiah, A., & Hewstone, M. (2013). Intergroup contact as a tool for reducing, resolving, and preventing intergroup conflict: Evidence, limitations, and potential. *American Psychologist*, 68(7), 527–542. doi:10.1037/a0032603

Archer, J. (2004). Sex differences in aggression in real-world settings: a meta-analytic review. *Review of General Psychology*, 8, 291-322.

- Archer, J., & Coyne, S. M. (2005). An integrated review of indirect, relational, and social aggression. *Personality and Social Psychology Review*, 9, 212-230.
- Armitage, C. J., & Conner, M. (2001). Efficacy of the Theory of Planned Behaviour: A meta-analytic review. *British Journal of Social Psychology*, 40(4), 471–499.  
doi:10.1348/014466601164939
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: desire for interpersonal attachment as a fundamental human motivation. *Psychological Bulletin*, 117, 497-529.
- Campbell, A. (2013). The evolutionary psychology of women's aggression. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 368(6), 20130078.  
doi:10.1098/rstb.2013.0078
- Cialdini, R.B. & Griskevicius, V. (2010). Social influence. In: Baumeister, Roy F., and Finkel, Eli J.. *Advanced Social Psychology : The State of the Science*. Cary, NC, USA: Oxford University Press, USA, 2010. ProQuest ebrary. Web. 7 October 2014. 394-426
- Fleeson, W. (2004). Moving Personality Beyond the Person-Situation Debate The Challenge and the Opportunity of Within-Person Variability. *Current Directions in Psychological Science*, 13(2), 83–87. doi:10.1111/j.0963-7214.2004.00280.x
- Gawronski, B., & Bodenhausen, G. V. (2007). Unraveling the Processes Underlying Evaluation: Attitudes from the Perspective of the Ape Model. *Social Cognition*, 25(5), 687–717.
- Gawronski, B., LeBel, E. P., & Peters, K. R. (2007). What Do Implicit Measures Tell Us?: Scrutinizing the Validity of Three Common Assumptions. *Perspectives on Psychological Science*, 2(2), 181–193. doi:10.1111/j.1745-6916.2007.00036.x
- Haselton, M. G., & Nettle, D. (2006). The paranoid optimist: An integrative evolutionary model of cognitive biases. *Personality and Social Psychology Review*, 10, 47-66.
- Holtgraves, T. M., & Kashima, Y. (2008). Language, Meaning, and Social Cognition. *Personality and Social Psychology Review*, 12(1), 73 –94.  
doi:10.1177/1088868307309605
- Hornsey, M. J. (2008). Social identity theory and self-categorization theory: A historical review. *Social and Personality Psychology Compass*, 2, 204-222
- Pyszczynski, T., Motyl, M., & Abdollahi, A. (2009). Righteous violence: killing for God, country, freedom and justice. *Behavioral Sciences of Terrorism and Political Aggression*, 1(1), 12–39. doi:10.1080/19434470802482118
- Rauthmann, J. F., Gallardo-Pujol, D., Guillaume, E. M., Todd, E., Nave, C. S., Sherman, R. A., ... Funder, D. C. (2014). The Situational Eight DIAMONDS: A Taxonomy of Major Dimensions of Situation Characteristics. *Journal of Personality and Social Psychology*, Advance Online Publication. doi:10.1037/a0037250 **PAGE 1-6 only**
- Rhodes, M., Leslie, S.-J., & Tworek, C. M. (2012). Cultural transmission of social essentialism. *Proceedings of the National Academy of Sciences*, 109(34), 13526–13531.  
doi:10.1073/pnas.1208951109

- Swart, H., Hewstone, M., Christ, O., & Voci, A. (2010). The Impact of Crossgroup Friendships in South Africa: Affective Mediators and Multigroup Comparisons. *Journal of Social Issues*, 66(2), 309–333. doi:10.1111/j.1540-4560.2010.01647.x
- Vaes, J., Leyens, J.-P., Paola Paladino, M., & Pires Miranda, M. (2012). We are human, they are not: Driving forces behind outgroup dehumanisation and the humanisation of the ingroup. *European Review of Social Psychology*, 23(1), 64–106. doi:10.1080/10463283.2012.665250
- Wang, Q., Shao, Y., & Li, Y. J. (2010). “My way or mom’s way?” The bilingual and bicultural self in Hong Kong Chinese children and adolescents. *Child Development*, 81(2), 555–567. doi:10.1111/j.1467-8624.2009.01415.x
- Williams, K. D. (2007). Ostracism. *Annual Review of Psychology*, 58, 425-452.

#### RECOMMENDED READINGS:

\*\*\* Lecture Slides \*\*\*

- Batson, C. D. (1998). Altruism and prosocial behaviour. In D. T. Gilbert, S. T. Fiske, and G. Lindzey *The Handbook of Social Psychology* Vol. II, 4<sup>th</sup> ed. (pp. 282-316). Boston Massachusetts: McGraw-Hill.
- Cialdini, R. B. (2006). Influence: The psychology of persuasion (Revised ed.). New York: Harper Business.
- Neuberg, S. L., Kenrick, D. T., & Schaller, M. (2010). Evolutionary social psychology. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of social psychology* (5th ed., Vol. 2, pp. 761-796). New Jersey: John Wiley & Sons, Inc.
- Oskamp, S., & Wesley Schultz, P. (2005). Attitudes and Opinions. 3<sup>rd</sup> ed. Chapters 10-11 (pp. 207-264). New York: Psychology Press, Taylor & Francis Group.
- Ross, L., Lepper, M., & Ward, A. (2010). History of social psychology: Insights, challenges, and contributions to theory and application. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of Social Psychology* (5th ed., Vol. 1, pp. 3-50). New Jersey: John Wiley & Sons, Inc.
- Ruggieri, S., Bendixen, M., Gabriel, U., & Alsaker, F. (2013). Do Victimization Experiences Accentuate Reactions to Ostracism? An Experiment Using Cyberball. *International Journal of Developmental Science*, 7(1), 25–32. doi:10.3233/DEV-1312114

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#### **PSYPRO4315 UTVIKLINGSPSYKOLOGI II (7,5 STUDIEPOENG HØST)**

*Pensum består av en bok, et kompendium og litteratur som gjøres tilgjengelig via It's Learning. Obligatorisk pensum er innenfor normen (625 s.).*

b) bok

k) kompendium (som kan kjøpes hos Akademika Dragvoll hvis man er oppmeldt i emnet)

i) it's learning (tilgjengelig fra semesterstart)

n) nedlasting

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## **Samspill, selv-utvikling og tilknytning**

*Obligatorisk litteratur (ca 225 s.)*

i) Cassidy, J., Jones, J. D., & Shaver, P. R. (2013). Contributions of Attachment Theory and Research: A Framework for Future Research, Translation, and Policy. *Developmental Psychopathology*, 25, 1415-1434.

b) Hart, S., & Schwartz, R (2008) Fra interaksjon til relasjon. *Tilknytning hos Winnicott, Bowlby, Stern, Schore & Fonagy* (s.63-152 & 205-250). Oslo: Gyldendal Akademisk.

i) Keller, H. (2012). Attachment and Culture. *Journal of Cross-Cultural Psychology*.

i) Raby, K. L., Lawler, J. M., Shlafer, R. J., Hesemeyer, P. S., Collins, W. A., & Sroufe, A. L. (2015). The Interpersonal Antecedents Of Supportive Parenting: A Prospective, Longitudinal Study From Infancy To Adulthood. *Developmental Psychology*, 51(1).

i) Sroufe A., L. (2005). Attachment And Development: A Prospective, Longitudinal Study From Birth To Adulthood. *Attachment & Human Development*, 7:4, 349-367.

i) Zachrisson, H., D (2005). Stabilitet og forandring i tilknytningsmønster. *Nordisk Psykologi*, 57:4, 303-322.

i) Zachrisson, H., D (2009) Fører tidlig utrygg tilknytning til senere psykiske plager? *Impuls* 63 (2), 38-47.

*Anbefalt litteratur*

<sup>b)</sup> Wall, S., Ainsworth, M., D., S., Blehar, M., C & Waters, E (2015\*) *Patterns of Attachment: A Psychological Study of the Strange Situation*. (\*antatt utgivelse mai 2015)

<sup>n)</sup> NOU 2012: 5. *Bedre beskyttelse av barns utvikling — Ekspertutvalgets utredning om det biologiske prinsipp i barnevernet* (kap 3). <https://www.regjeringen.no/nb/dokumenter/nou-2012-5/id671400/?docId=NOU201220120005000DDDEPIS&q=&navchap=1&ch=4>

## **Temperament og personlighet**

*Obligatorisk litteratur (ca. 30 s.)*

<sup>k)</sup> Shiner, R., S. & DeYoung, C., G. The Structure of Temperament & Personality Traits: A Developmental Perspective. In P., D. Zelazo (2013). *The Oxford Handbook of Developmental Psychology, Vol 2: Self and Other*. Pp 113-14. New York: Oxford University Press.

## **Selvregulering**

*Obligatorisk litteratur (ca. 45 s.)*

<sup>k)</sup> Calkins, S., D. & Hill, A. Caregiver Influences on Emerging Emotion Regulation. Biological and Environmental Transactions in Early Development. In J., J. Gross (2007). *Handbook of Emotion Regulation*. Pp 229-248. New York: Guilford.

<sup>k)</sup> Rueda, M., R. & Posner, M., I. Development of Attention Networks. In P., D. Zelazo (2013). *The Oxford Handbook of Developmental Psychology, Vol. 1: Body and Mind*. Pp 683-705. New York: Oxford University Press.

*Anbefalt litteratur*

<sup>b)</sup> Jacobsen, K. & Svendsen, B. (2010). *Emosjonsregulering og oppmerksomhet. Grunnfenomener i terapi med barn og unge*. Bergen: Fagbokforlaget.

<sup>i)</sup> Loman, M. M., & Gunnar, M. R. et al. (2010). Early Experience And The Development Of Stress Reactivity And Regulation In Children. *Neuroscience and Biobehavioral Reviews* 34(6): 867-876.

## **Identitet**

*Obligatorisk litteratur (ca. 60 s.)*

<sup>k)</sup> McLean, K., C. & Syed, M (eds) (2015). Identity Development Across The Lifespan. *Oxford Handbook of Identity Development* s. 33-94. Oxford: University Press.

## **Utvikling i ungdomsalderen**

*Obligatorisk litteratur (ca. 55 s.)*

<sup>k)</sup> Collins, W., A. & Steinberg, L. Adolescent Development in Interpersonal Context. In N. Eisenberg (2006). *Handbook of Child Psychology. Social, Emotional and Personality Development*. Vol 3. 6th ed. 1003-1049. New Jersey: Wiley.

<sup>k)</sup> Oudekerk, B., A. Allen, J., P. Hessel, E., T. & Molloy L., E. (2015). The Cascading Development of Autonomy and Relatedness, from Adolescence to Adulthood. *Child Development*; 86(2):472-85.

*Anbefalt litteratur*

<sup>i)</sup> Fuligni, A. J., & Tsai, K. M. (2015). Developmental Flexibility in the Age of Globalization: Autonomy and Identity Development Among Immigrant Adolescents. *Annual Review of Psychology*, 66(1), 411-431.

<sup>i)</sup> Saewyc, E. M. (2011). Research on Adolescent Sexual Orientation: Development, Health Disparities, Stigma, and Resilience. *Journal of Research on Adolescence*, 21(1), 256-272.

## **Perspektiver på utvikling**

*Obligatorisk litteratur (ca. 85 s.)*

<sup>k)</sup> Belsky, J., & Pluess, M. (2013). Beyond Risk, Resilience, and Dysregulation: Phenotypic Plasticity and Human Development. *Development and Psychopathology*, 25 (25th Anniversary Special Issue 4pt2), 1243-1261.

<sup>k)</sup> Bronfenbrenner, U. (1977). Toward An Experimental Ecology of Human Development. *American Psychologist*, 32(7), 513-531.

<sup>k)</sup> Cicchetti, D. An Overview Of Developmental Psychopathology. In P., D. Zelazo (2013). *The Oxford Handbook of Developmental Psychology, Vol 2: Self and Other*. Pp 455-480. New York: Oxford University Press.

<sup>k)</sup> Masten, A. (2014). The Short List And Implicated Protective Systems. *Ordinary Magic. Resilience in Development*. Pp 147- 173. New York: Guilford.

*Anbefalt litteratur*

<sup>i)</sup> Meloni, M. (2014). The Social Brain Meets the Reactive Genome: Neuroscience, Epigenetics and the New Social Biology. *Frontiers in Human Neuroscience*, 8.

<sup>i)</sup> Kagan, J (2013). *The Human Spark* (kap 4). New York: Basic Books.

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**PSYPRO4316 PERSONLIGHETSPSYKOLOGI II (640 sider)**  
(7,5 STUDIEPOENG VÅR)

**Pensum**

John, O.P., Robins, R., Pervin, L. A. (2011). *Handbook of personality: Theory and research*. Guilford Press (herunder kapittel 3,5,7, 18, 24, 26, 28, 30, 31)

Utvalgte artikler i kompendium (\*= kompendium)

### **Anbefalt lesning**

John, O.P., Robins, R., Pervin, L. A. (2011). Handbook of personality: Theory and research. Guilford Press (herunder kapittel 2, 4,6, 8, 10- 11, 13-15, 19-23, 29)

### **Pensum ordnet etter tema**

(\* refererer til artikler i kompendium, mens resten refererer til kapitler i ”Handbook of Personality”)

### **Trekkteori (96 sider)**

\*Block, J. (2001). Millennial Contrarianism: The Five-Factor Approach to Personality

Description 5 Years Later. *Journal of Research in Personality* 35, 98–107 (9)

\*Clark, A. (2005). Temperament as unifying basis for personality and psychopathology. *Journal of abnormal Psychology*, 4, 505-521. (16)

\*Eysenck, H.J. (1992). Four ways five factors are not basic. *Personality and individual differences*, 13, 667-673. (7 sider)

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Schultheiss, Oliver C. (2011). Implicit motives. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 24) (31 sider).

Ryan, R. M. (2011). Self determination theory and the role of basic psychological needs in personality and the organization of behavior. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 26) (25 sider).

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### **Evolusjonspsykologi og atferdsgenetikk (161 sider)**

Evolusjonspsykologi

\* Kennair, L.E.O.(2004). *Evolusjonspsykologi: En innføring i menneskets natur*. Trondheim. Tapir. Kapittel 3 (39 sider).

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\* Caspi, A., Roberts, B.W., & Shiner, R.L. (2005). Personality development : Stability and change. *Annual Review of Psychology*, 56, 453-484 (32 sider)

\* McGue, M. (2008). The end of behavioral genetics? *Behavior Genetics*, 40, 284-296 (13 sider)

\* Turkheimer (2000). The three laws of behavior genetics and what they mean. *Current Directions in Psychological Science*, 9, 160-164 (5 sider)

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\*Watson D, Clark. L. A, Stasik, S. M (2011).Emotions and the emotional disorders: A quantitative hierarchical perspective. *International Journal of Clinical and Health Psychology*, 429-442 (14 sider)

Gross, J.J. (2011). Emotion and emotion regulation: Personality processes and individual differences. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 28) (24 sider).

Hampson S. E., Friedman, H. S.. (2011). Personality and health. A lifespan perspective. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3<sup>rd</sup> edition) (kap 31). (25 sider).

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(7,5 STUDIEPOENG HØST)

Field, A. (2013). *Discovering statistics using IBM SPSS statistics (4<sup>th</sup> edition)*. Sage. (OBS: Nyere utgave enn 2014; de to artiklene faller bort).

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(7,5 STUDIEPOENG HØST)

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**Utvalgte artikler:**

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- Smith, J. A., Osborn, M. (2007). Pain as an assault on the self: An Interpretative phenomenological analysis of the psychological impact of chronic benign low back pain, *Psychology & Health*, 22, 517-534.
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NEVRALE SYSTEMER OG PSYKOFARMAOLOGI (7,5 STUDIEPOENG VÅR)**

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. Principles of Neural Science, 5te utgave (2013). (Det vil bli trykt en spesialversjon av boka for kurset, som får redusert antallsider og redusert pris. Da vil kapitteltallet ikke stemme, men navnet til kapitlene vil være identiske. Oppdatert kapittelliste vil komme når forlaget er klare.)

Kapittel 51: Sleep and dreaming

Kapittel 59: The aging brain.

Kapittel 62: Disorders of thought and volition: Schizophrenia.

Kapittel 63: Disorders of mood and anxiety.

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Lovallo WR. (2005) Stress & Health, 2nd ed. Sage.

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### **Litteratur Øvelser** (ikke obligatorisk pensum)

#### **Litteratur knyttet til øvinger i forskningsmetodikk, soslab:**

Farsides, T. (2010). Qualitative interviewing. In Tom Farsides Introduction to Qualitative Methods in Psychology. Chapter 3 (pp. 57-88). Halow, England: Pearson Education Ltd.

Farsides, T. (2010). Focus groups. In Tom Farsides Introduction to Qualitative Methods in Psychology. Chapter 4 (pp. 89-110). Halow, England: Pearson Education Ltd.

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Anbefalt litteratur:

Herbert, P., Ginsburg. Entering the Childs mind. (støttelitteratur til klinisk intervju)

Handbook of Attachment. (Støttelitteratur til Elisabeth Solheims forelesning om Circle of Security)

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### **PSYPRO4416 ANVENDT OG KLINISK PERSONLIGHETSPSYKOLOGI** (7,5 STUDIEPOENG VÅR)

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\*Kompendium med utvalgte artikler

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Stroebe W. (2011). Social Psychology and Health. Buckingham: Open University Press. Alle kapitler.

Espnes GA & Smedslund G. (2009). Helsepsykologi. Oslo: Gyldendal, kap.9, 12, 15.

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Saksvik, P. Ø. & Nytrø, K. (red) (2009). Klinisk Organisasjonpsykologi. Oslo. Cappelen Akademisk Forlag.

Reinecker, L. & Jørgensen, P. S. (2009). Den gode oppgaven. Fagbokforlaget.

APA-maualen 6. utgave.

Utvalgte artikler for å belyse egen problemstilling – 150 – 400 sider

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### **PSYPRO4503 SAMFUNNSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Nelson, Geoffrey B. & Prilleltensky, Isaac (2010, 2.ed.). Community psychology : in pursuit of liberation and well-being. Basingstoke, Hampshire ; New York : Palgrave Macmillan.

Oxford, Jim. (2008). Community psychology: challenges, controversies and emerging consensus. Chichester: John Wiley & Sons Ltd.

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### **PSYPRO4504 EKSTERN SAMFUNNSPSYKOLOGISK PRAKSIS (7,5 STUDIEPOENG HØST)**

Eventuelle artikler/støttelitteratur oppgis ved behov av kursleiderne. Penum er emnet i PSYPRO4503 – Samfunnspsykologi må også anses som støttelitteratur.

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### **PSYPRO4601 - KLINISK PSYKOLOGI - BARN OG UNGDOM (15 STUDIEPOENG VÅR/HØST)**

#### **Bøker:**

Mash E.J. & Wolfe, D. A. (2013). *Abnormal Child Psychology* (5<sup>th</sup> edition). Wadsworth, Cengage Learning: Belmont, CA. ISBN-13:978-0-495-50627-0. Kap. 5-14. (309 s).

Kendall, P. C. (Ed.) (2012). *Child and adolescent therapy. Cognitive behavioral procedures*. New York, NY: The Guildford Press. Kap. 3, 4, 6, 13. (136 s).

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge*. Fagbokforlaget. Del 1: Kap. 1, 2. Del 2. Kap. 6, 7. (126 s).

#### **Anbefalt litteratur:**

Rutter M., Bishop D., Pine D., Scott S., Stevenson J., Taylor E. & Thapar, A. (Ed.) (2008). *Rutter's Child and Adolescent Psychiatry*. Fifth edition. Blackwell Publishing.

## **Artikler/Kapitler:**

### ***Barneterapi:***

Svendsen, B. (2010). *Implikasjoner for terapi*. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 3. s.41-61. Oslo: Fagbokforlaget.(20 s)

Haugvik, M. & Tanum Johns, U.(2006): *Betydningen av felles fokus i tidsavgrenset psykoterapi med barn: En kvalitativ studie av psykoterapi med barn som opplever vanskelige familieforhold*. Tidsskrift for Norsk Psykologforening 1,43 s. 19-29.(10 s)

Brandtzæg, I., Smith, L., Torsteinson, S. (2011). *Tilknytningsbasert terapi*. Brandtzæg, I., Smith, L., Torsteinson, S. (red). Mikroseparasjoner: Tilknytning og behandling. Kap. 6. s. 195-246. Oslo. Fagbokforlaget. (51s).

Russ, S. W. (2004). *Play in child development and psychotherapy*. Toward empirically supported practice. New Jersey: Lawrence Erlbaum Associates. Kap. 3 & 4 (43 s).

Morgan, A. (2000) *What is narrative therapy?* Dulwich Centre Publication: Adelaide.Kap. 1, 2, 3, 6, 7, 8, 9 og 14. (66 s).

Lynch, T. R., A. L. Chapman, M. Z. Rosenthal, J. R. Kuo, and M. M. Linehan. Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills. Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. *Nordic Journal of Psychiatry*. 60:431-437, 2006.(6 s)

Fredriksen,A., Aune,T. og Aarseth,J. (2008). Kognitiv terapi for barn og unge i Berge,T. og Repål,A. Håndbok i kognitiv terapi. (s. 617-49). Oslo: Gyldendal Akademisk. (32 s)

### ***Anbefalt litteratur:***

Moe, V. (1996). *Selvtutvikling og det affektive samspillet*. I M. Kjær (red) Skjønner du? Kommunikasjon med barn. s. 21-47. Oslo. Kommuneforlaget.

Røed Hansen, B. (2012). I dialog med barnet. Intersubjektivitet i utvikling og i psykoterapi. Oslo. Gyldendal Norsk Forlag AS.

Røed Hansen, B. (1991). *Betydningen av oppmerksomhet og samspill i psykoterapi med barn*. Tidsskrift for Norsk Psykologforening, 28, 9, 779-788

Haavind, H. (1996). "Leken som virkemiddel i psykoterapi med barn", i S. Reichelt & H.Haavind (red) Aktiv psykoterapi. s. 245-280.Oslo: Gyldendal.

Svendsen, B. (2007). Utvikling av allianse i psykoterapi med barn. I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Samspill og forståelse. (s.69-96). Oslo: Gyldendal.

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). *Utviklingsrettet intersubjektiv psykoterapi med barn og unge*. Fagbokforlaget. Del 2: Kap. 9. (24 s).

Fonagy, P., Target, M. & Gergely G. (2006): Psychoanalytic perspectives on developmental psychopathology. In D.J. Cohen & D. Cichetti (Eds.). *Developmental Psychopathology*. Vol. 1: Theory and method (2nd ed.) (pp. 701-749). New Jersey: John Wiley & Sons.

Jensen, T. K. (2007). Hvordan kan vi forstå og hjelpe barn og ungdom som har vært utsatt for traumer? I Haavind, H. & Øvreiede H. (Red.). *Barn og unge i psykoterapi. Samspill og forståelse*. (s.294-327). Oslo: Gyldendal.

### ***Foreldrefokusert arbeid med barn:***

Hafstad R. & Øvereide H. (red.) (2011). *Utviklingsstøtte. Foreldrefokusert arbeid med barn*. Høyskoleforlaget. Del 2: Kap. 5 og 7. (37 s)

Cunningham, P.B. & Heggeler, S.W. (1999). "Engaging Multiproblem Families in Treatment: Lessons Learned Throughout the Development of Multisystemic Therapy". *Family Process*, 38, 265-286. (21 s)

Diamond, G. and A. Josephson. (2005). Family-based treatment research: A 10-year update. *Journal of the American Academy of Child and Adolescent Psychiatry*. 44:872-887. (15 s)

### ***Anbefalt litteratur:***

Hanna, S. M. (2007). *The practice of family therapy: Key elements across models* (4th ed.). Belmont, CA: Thomson Brooks/Cole. Kapittel 1,2,5,7 og 8. 165 sider.

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Mæhle M. (2001). "Bruk av barnespesifikk kunnskap i familierapi II". s.3-21. *Fokus* vol. 29/2001.

Apeland, A. (2007). De voksens allierte eller barnets? Parent Management Training – Oregonmodellen. I Haavind, H. & Øvreiede H. (Red.). *Barn og unge i psykoterapi. Terapeutiske fremgangsmåter og forandring* (s.78-108). Oslo: Gyldendal.

### **Behandlingsforskning:**

Weisz JR, Sandler IN, Durlak JA, Anton BS. (2005). *Promoting and protecting youth mental health through evidence-based prevention and treatment*. American Psychologist. 60(6):628-648. (20 s)

Weisz, J.R., C.A. McCarty, and S. M. Valeri. (2006). *Effects of psychotherapy for depression in children and adolescents: A meta-analysis*. Psychological Bulletin. 132:132-149. (17 s)

### **Førstelinjearbeid:**

Jacobsen, K. (2010). *Kunnskap om oppmerksomhet og emosjonsregulering*. I K. Jacobsen & B. Svendsen (red) *Emosjonsregulering og oppmerksomhet*. Kap. 2. s.25-36. Oslo: Fagbokforlaget.(11 s)

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### **Forebygging:**

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Stice, E., Mazotti, L., Weibel, D., & Agras, W. S. (2000). Dissonance prevention program decreases thin-ideal internalization, body dissatisfaction, dieting, negative affect, and bulimic symptoms: A preliminary experiment. [Article]. *International Journal of Eating Disorders*, 27(2), 206-217. doi: 10.1002/(sici)1098-108x(200003)27:2<206::aid-eat9>3.0.co;2-d (11 s)

Stice, E., Shaw, H., & Marti, C. N. (2007). A meta-analytic review of eating disorder prevention programs: Encouraging findings *Annual Review of Clinical Psychology* (Vol. 3, pp. 207-231). Palo Alto: Annual Reviews. (24 s)

Wilson, S.J. & Lipsey, M.W., 2007, School-Based Interventions for Aggressive and Disruptive Behavior. Update of a Meta-Analysis, *Am J Prev Med* 2007;33, 130-143) (13 s)

Orpinas, P. & Horne, A. M., 2005, Bullying Prevention: Creating a Positive School Climate and Developing Social Competence. Washington, DC: American Psychological Association, 2006 ISBN: 978-1-59147-282-7. kap 4 og 5, (ca 60 s).

### **Barnevern:**

McCoy & Keen (2009). *Child Abuse and Neglect*. Psychology Press. Taylor & Francis Group, New York. I Kap. 7: Sexual Abuse, s. 105-129 (24 s)

Bunkholdt & Sandbæk (2008). *Praktisk barnevernsarbeid*. Gyldendal Akademisk. Kap. 6: Barnevernets generelle oppgaver, s. 150-173 (13 s)

Kvello, Ø. (2010). *Barn i risiko*. Gyldendal Akademisk, Oslo. Kap 7: Barn som blir utsatt for omsorgssvikt, s. 198-211 (13 s) Kap 9: Barn som utsettes for fysisk avstraffelse, mishandling og vold, s. 272-311 (33 s)

### **Traumer, vold og seksuelle overgrep:**

Terr, L.C. (1991). *Childhood Traumas: An Outline and Overview*. *American Journal of Psychiatry* 148, 10-19. (9 s)

Ehnholt KA, Yule W. (2006). *Practitioner Review: Assessment and treatment of refugee children and adolescents who have experienced war-related trauma*. *Journal of Child Psychology and Psychiatry*, 47(12):1197-1210. (13 s)

Perrin S, Smith P. Yule W. (2000). *Practitioner Review: The assessment and treatment of post-traumatic stress disorder in children and adolescents*. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, 41(3):277-289 (12 s)

Blindheim, A. (2011). *Kronisk traumatiserte barn*. I Heltne, U. & Steinsvåg, PØ (red.) *Grunnlag for beskyttelse og hjelp*. Kap. 6. 74-80. Oslo. Universitetsforlaget.(7 s)

Raundalen, M. (2011). *Vi må snakke med barn om volden*. I Heltne, U. & Steinsvåg, PØ (red.) *Grunnlag for beskyttelse og hjelp*. Kap. 14. s. 174-183. Oslo. Universitetsforlaget. (9 s)

Tine Jensen et al. (2012). *Traumefokusert kognitiv atferdsterapi*. I Martinsen, K. & Hagen, R (red.) *Håndbok i kognitiv atferdsterapi. I behandling av barn og unge*. Kap. 6, s.169-196. Oslo. Gyldendal Norsk Forlag AS.(27 s)

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Anstorp, T. Benum, K & Jakobsen, M. (2006). *Dissosiasjon og relasjonstraumer*. Oslo. Universitetsforlaget.

Dyregrov, A. (2000). *Barn og traumer*. Oslo. Fagbokforlaget.

### **Barn i sorg og krise:**

Dyregrov A, Raundalen M. *Sorg hos barn*. Del 1 Tidsskrift for Norsk Psykologforening 1996; 33: 510-20 (10 s)

Dyregrov A, Raundalen M. *Sorg hos barn*. Del 2 Tidsskrift for Norsk Psykologforening 1996; 33: 641-650 (9 s)

Dyregrov, A. Komplisert sorg: teori og behandling. Tidsskrift for norsk psykologforening 2006, 43: 779-786. (7 s)

Reinfjell, T., Diseth, TH., Vikan, A. *Barn og kreft: Barns tilpasning til og forståelse av alvorlig sykdom*. Tidsskrift for norsk psykologforening 2007, 44, s 724-734.(10 s)

### **Anbefalt litteratur:**

Kubler-Ross, E. (1997). *On children and death*. Simon & Schuster.

Bowlby, J. (2008). *Loss – Sadness and Depression: Attachment and loss*. Volum 3. Random House.

Müller O. *Sorgen som varer livet ut*. Tidsskrift for Norsk Psykologforening 1994; 31:131-8.

Grøholt, B.B. (2008). *Når krisen rammer barn og unge*. Kristiansand: Høgskoleforlaget.

Atle Dyregrov (2006). *Sorg hos barn*. 2.utgave. Fagbokforlaget.

Kari E Bugge, Hilde Eriksen og Oddbjørn Sandvik (red.) (2003) *Sorg*. Fagbokforlaget.

Dyregrov, A. *Barns deltagelse i ritualer etter dødsfall*. Tidsskrift for Norsk Psykologforening 1994; 31, 678-686.

Mehlum, L., (1999). *Tilbake til livet. Selvmordsforebygging i teori og praksis*. Kapittel: 14, 15 og 19. Høgskoleforlaget

### **Atferdsvansker:**

Kazdin, A.E. & Wassell, G. (2000). *Therapeutic changes in children and families resulting from treatment of children with conduct problems*. Journal of American Academic Child and Adolescents Psychiatry, 39, 414-420. (6 s)

Nock MK. *Progress review of the psychosocial treatment of child conduct problems*. Clinical Psychology-Science and Practice 2003;10(1):1-28 (27 s)

### ***Depresjon, selvmord og selvskading:***

Bridge, J. A., T.R. Goldstein, and D. A. Brent. *Adolescent suicide and suicidal behavior*. Journal of Child Psychology and Psychiatry. 47:372-394, 2006 (22 s)

Lynch, T. R., A.L. Chapman, M.Z. Rosenthal, J.R. Kuo, and M.M. Linehan. *Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations*. Journal of Clinical Psychology. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills, *Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview*. Nordic Journal of Psychiatry. 60:431-437, 2006 (7 s)

Nock, M. K. and M. J Prinstein. *Contextual features and Behavioral functions of self-mutilation among adolescents*. Journal of Abnormal Psychology. 114:140-146, 2005. (6 s)

Nasjonale retningslinjer for forebygging av selvmord i psykisk helsevern; Sosial og helsedirektoratet (47 s)

### ***Anbefalt litteratur:***

Fredriksen, A. & Aarseth, J. (2012). *Depresjon*. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 3, s. 86-113. Oslo. Gyldendal Norsk Forlag AS.

Kåver, A. & A. Nilsone (2005). *Dialektisk atferdsterapi med emosjonell ustabil personlighetsforstyrrelse*. Gyldendal akademiske.

Nasjonale retningslinjer for forebygging av depresjon i psykisk helsevern; Sosial og helsedirektoratet

### ***Spiseforstyrrelser:***

Bulik CM, Berkman ND, Brownley KA, Sedway. *Anorexia nervosa treatment: A systematic review of randomized controlled trials*. International Journal of Eating Disorders 2007; 40(4):310-320 (10 s)

Shapiro JR, Berkman ND, Brownley KA, Sedway JA, Lohr KN, Bulik CM. *Bulimia nervosa treatment: A systematic review of randomized controlled trials*. International Journal of eating disorders 2007; 40(4):321-336 (15 s)

Lock & Fitzpatrick (2009). *Advances in Psychotherapy for Children and Adolescents with Eating Disorders*. American Journal of Psychotherapy, 63, 4, p. 287-303. (17 s)

**Komorbiditet:**

Angold, A, Costello EJ, Erkanli A (1999). *Comorbidity*. Journal of child psychology and psychiatry and allied disciplines, 40, 1, p. 57-87. (30 s)

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**PSYPRO4602 – PRAKTISK KLINISK TERAPIOPPLÆRING – BARN OG UNGDOM**  
(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO 4601 KLINISK PSYKOLOGI – BARN OG UNGDOM, må også anses som støttelitteratur.

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**PSYPRO4603 – KLINISK PSYKOLOGI – VOKSEN (15 STUDIEPOENG VÅR/HØST)**

**Sentrale perspektiver: Psykoterapi**

Relasjon og emosjonsorientert terapi (97 sider):

Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *Journal of Consulting Psychology*, 21, 95-103

Berge, T & Karlsen, K.E. (2014): Emosjonsfokuset terapi i: *Psykoterapi: Tilnærminger og metoder* kap 12

Rollnick, S., Miller, W. R., Butler, C (2008). *Motivational interviewing in health care*. Guilford Press. ss 33-107

Kognitiv orientert terapi (230 sider):

Wells, A. (1997). *Cognitive Therapy of Anxiety Disorders*. Wiley & Sons kap 3-10 Nordahl, H. (2014). Metakognitiv terapi i *Psykoterapi: Tilnærminger og metoder* kap 11

Craske, M., Treanor, M., Conway, C.C et al (2014). Maximising exposure therapy: An inhibitory learning approach. *Behaviour Research and Therapy*, 58, 10-23.

Psykodynamisk orientert terapi (220 sider)

Leigh McCullough et al (2003),: *Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherapy*, kap 1-10

Stanicke E., Stanicke, L.I. (2014). Psykoanalytisk terapi. *Psykoterapi: Tilnærminger og metoder* kap 4

Høstmark Nielsen, G. & Binder, P.(2014). Relasjonsrettet kortids dynamisk psykoterapi i: *Psykoterapi: Tilnærminger og metoder* kap 5

Gruppe/parterapi (45 sider)

Schluter, C. & Bakali, J.V (2014). Dynamisk gruppeterapi. *Psykoterapi: Tilnærminger og metoder* kap 18  
Hagen, R. (2014). Kognitiv gruppeterapi. *Psykoterapi: Tilnærminger og metoder* kap 19  
Tilden, T. (2014). Par terapi. *Psykoterapi: Tilnærminger og metoder* kap 15

#### Terapeutisk allianse og psykoterapiforskning (205 sider)

Safran, J, D & Muran. J. (eds) (2000). *Negotiating the therapeutic alliance in psychotherapy. A relational treatment guide*. New York: Guilford Press: Kap: 1-5  
Gelso, C. (2014). A tripartite model of the therapeutic relationship: Theory, research, and practice. *Psychotherapy Research*, 24, 117 – 131.  
Ryum, T & Halvorsen, J (2014). Psykoterapiforskning. *Psykoterapi: Tilnærminger og metoder* kap 2

### **Psykopatologi**

#### PTSD og traumer (30 sider)

Rothbaum & Schwartz (2002). Exposure therapy for post traumatic stress disorder. *American Journal of Psychotherapy*, 59-75.  
Wells, A & Sembi, S. (2004). Metacognitive therapy for PTSD. A core treatment manual. *Cognitive and Behavioural Practice*, 365-377

#### Depresjon (94 sider)

Berge, T (2008). Kronisk depresjon. I Berge & Repål (red). *Håndbok i kognitiv terapi* side 286-318. Gyldendal Forlag. (28 sider).  
Hjemdal, O. & Hagen, R. (2012). Metakognitiv terapi ved depresjon. *Tidsskrift for Norsk Psykologforening*, side 59-63

#### Psykososer (66 sider)

Hagen, R., Turkington, D., Berge, T., & Gråwe, R. W (2011). *CBT for psychosis. A symptom based approach*. Kapittel 2-6, 9

#### Personlighetsforstyrrelser/Borderline PF (95 sider)

Paris. J. (2008), *Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice*. Guilford Press: kap 6, 8-12

#### Ruslidelser (35 sider)

DiClemente C.C (2006). Natural Change and the troublesome Use of Substances: A life-course perspective. In Miller, W & Carroll, K.M.: *Rethinking Substance abuse*. Kap 6  
Miller, W. & Carroll, K.M (2006). Drawing the scene together: Ten principles, ten recommendations. In Miller, W & Carroll, K.M.: *Rethinking Substance abuse*. Kap 18

#### Seksualitet, identitet og livsvansker

Seksualitet, identitet og kjønnsrolle (160 sider)

Langfeldt, T (2013). *Seksualitetens gleder og sorger: Identiteter og utrykksformer*. Oslo, Fagbokforlaget.

Smerter og søvnproblemer (77 sider)

Fetveit, A., Bjorvatn, B. (2007). Søvnforstyrrelser ved psykiske lidelser *Tidsskrift for Norsk Psykologforening*, side 394-402

Kerns, R. D., Sellinger, J., & Goodin, B.R.(2011). Psychological treatment of chronic pain. *Review of Clinical Psychology*, 411–34 Nordhus, I. H. & Pallesen, S. (2007) Psykologisk

forståelse og behandling av søvnproblemer hos voksne. *Tidsskrift for Norsk Psykologforening*, side 413-422

Sættem, L. S. & Stiles, T. C. (2008). Kroniske smerter. I T. Berge & A. Repål (red.), *Håndbok i kognitiv terapi* (s. 590–616). Oslo: Gyldendal Akademisk.

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Kompendium av artikler (selges på Akademika, Dragvoll)

Bøker (må anskaffes selv):

Leigh McCullough et al (2003): *Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherap*. Guilford press. New York

Wells, A. (1997). *Cognitive Therapy of Anxiety Disorders*. Wiley & Sons: Chichester

Kennair LEO og Hagen R (2014): *Psykoterapi: Tilnærminger og metoder*. Oslo Gyldendal

Langfeldt, T (2013). *Seksualitetens gleder og sorger: Identiteter og utrykksformer*. Oslo, Fagbokforlaget.

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**PSYPRO4604 – PRAKTISK KLINISK TERAPIOPPLÆRING – VOKSEN**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4603 KLINISK SPYKOLOGI – VOKSEN, må anses som støttelitteratur.

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**Pensumplaner Profesjonsstudiet i psykologi, femårig løp, med opptak fra  
introduksjonsstudiet**

**Samleoversikt PSYPRO4081 - PSYPRO4084**

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**PSYPRO4081 INTERN KLINISK PRAKSIS III, KLINISK NEVROPSYKOLOGI  
(7,5 STUDIEPOENG HØST)**

I dette emne er det ikke fastlagt noe pensum.

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