

# **PENSUMLISTE**

## **HØSTEN 2016**

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**PSYKOLOGISK INSTITUTT**

# **PROFESJONSSTUDIET I PSYKOLOGI**

**NORGES TEKNISK-NATURVITENSKAPELIGE UNIVERSITET**  
**Fakultet for samfunnsvitenskap og teknologiledelse**



### **PSYPRO4110 PSYKOLOGIENS HISTORIE (7,5 STUDIEPOENG HØST)**

Karl Halvor Teigen (2004). En psykologihistorie, Fagbokforlaget. Bergen

Wilhelm Wundt (1896/1897). Outlines of Psychology i følgende utdrag:

#### INTRODUCTION:

1. PROBLEM OF PSYCHOLOGY: <http://psychclassics.yorku.ca/Wundt/Outlines/sec1.htm>
2. GENERAL THEORIES OF PSYCHOLOGY:  
<http://psychclassics.yorku.ca/Wundt/Outlines/sec2.htm>
3. METHODS OF PSYCHOLOGY: <http://psychclassics.yorku.ca/Wundt/Outlines/sec3.htm>
4. GENERAL SURVEY OF THE SUBJECT: <http://psychclassics.yorku.ca/Wundt/Outlines/sec4.htm>

John B. Watson (1913). Psychology as the Behaviorist Views it. First published in Psychological Review, 20, 158-177. <http://psychclassics.yorku.ca/Watson/views.htm>

#### ***Forslag til fordypningslitteratur:***

Roger Smith (2013). Between mind and nature: A history of psychology, London: Reaktion Books

### **PSYPRO4111 PSYKOLOGIENS METODOLOGI (7,5 STUDIEPOENG HØST)**

Psykologisk forskningsmetode; en innføring i kvalitative og kvantitative tilnæringer av Darren Langdridge (2006) <http://www.adlibris.com/no/product.aspx?isbn=8251920485>

#### ***Utvalgte artikler:***

Helseforskningsloven (ca. 4 sider): <http://lovdata.no/dokument/NL/lov/2008-06-20-44>

Forskningsetiske retningslinjer for samfunnsvitenskap, humaniora, juss og teologi. (30 sider)

[https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20\(2006\).pdf](https://www.etikkom.no/Documents/Publikasjoner-som-PDF/Forskningsetiske%20retningslinjer%20for%20samfunnsvitenskap,%20humaniora,%20juss%20og%20teologi%20(2006).pdf)

Reid, K., Flowers, P, Larkin, M (2005). Exploring lived

Experience. The Psychologist, 18, 20-23

### **PSYPRO4112 KOGNITIV PSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Sternberg & Sternberg: Cognition (nyeste versjon).

### **PSYPRO4113 BIOLOGISK PSYKOLOGI I (7,5 STUDIEPOENG HØST)**

Discovering Behavioral Neuroscience, An introduction to Biological Psychology, 3rd edition, Laura A. Freberg ISBN-13: 978-1305088702

Siste del av kapittel 8, side 263-276, i læreboka «Neuroscience – exploring the brain», av MF Bear, BW Connors, MA Paradiso, 3rd ed. ISBN-13: 978-0-7817-6003-4.

### **PSYPRO4114 SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Aronson, Wilson & Akert (2013), *Social psychology* (8th ed.) Pearson Education.

### **PSYPRO4115 UTVIKLINGSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Keenan & Evans (2009), *An introduction to child development* (2nd ed.) Sage. 350s. ISBN: 978-1-4129-1115-3

I tillegg: Utvalgte artikler som gjøres tilgjengelig ved kursstart.

### **PSYPRO4116 PERSONLIGHETSPSYKOLOGI I (7,5 STUDIEPOENG VÅR)**

Larsen, Buss & Wismeijer. (2013). *Personality Psychology: Domains of knowledge about human nature*. Kap 1-3, 5-9, 11-12, 14, 16-17, 19).

### **PSYPRO4117 – PSYKISKE LIDELSER (7,5 STUDIEPOENG HØST)**

Hagen, R. & Kennair, L. E. O. (2016). *Psykiske lidelser*. Oslo: Gyldendal Akademisk. (hele boken)

### **PSYPRO4201 KLINISK PRAKTIKUM I (7,5 STUDIEPOENG HØST)**

#### **Artikler:**

Larry E. Beutler/T.Mark Harwood: *PRESPPECTIVE PSYCHOTHEHERAPY – Systematic Treatment Selection*

Anne-Lise Løvlie Schibbye: *Utvikling av personlig og teoretisk refleksivitet: om studenters utdanning i psykoterapi*

Odd Arne Tjersland Gunnar Engen, Ulf Jansen: *Allianser – verdier, teorier og metoder i sosialt arbeid*, Gyldendal akademiske 2010; kapittel 7 Kontakt og relasjonsutvikling.

### **PSYPRO4202 KLINISK PRAKTIKUM II (7,5 STUDIEPOENG VÅR)**

Brautaset, H., Egebjerg, I., Johns, U.T. *Terapeututvikling*.

I Svendsen, B., Johns, U. T., Brautaset, H., Egebjerg, I. (red.). *Utviklingsrettet intersubjektiv terapi med barn og unge* (2012). Fagbokforlaget.

Ryum, T. *Terapeutkompetanse*.

I Kennair & Hagen (red), *Psykoterapi: tilnærminger og metoder* (2014). Gyldendal

### **PSYPRO4203 KLINISK PRAKTIKUM III (7,5 STUDIEPOENG HØST)**

*Essentials of WAIS-IV assessment* 2nd ed./ Elizabeth O. Lichtenberger, Alan S. Kaufman, 2013

Trykt: Hoboken, N.J.: Wiley

ISBN: 1118419626, 9781118419625

Kap. 2-5. (s53-215) ebok, tilgjengelig for NTNU.

WISC-IV: Advanced Clinical Interpretation, 2006

Weiss, Lawrence G. Prifitera, Aurelio Saklofske, Donald H.

Publisher: Academic Press

Location: Burlington, MA, USA

eISBN: 9780080466118

ebok, tilgjengelig for NTNU.

<http://site.ebrary.com/lib/ntnu/docDetail.action?docID=10151398>

(Side 59-180)

### **Artikler:**

Skre, I. (2007). Har vi fått skikk på skikketheten? Tidsskrift for Norsk psykologforening, Vol 44, nummer 6, 2007, side 792-793.

Helmikstøl, Ø. (2013). Sakkyndighet i barnevernssaker. Tidsskrift for Norsk psykologforening, Vol 50, nummer 4, 2013, side 337-347.

Imenes, A-K. (2013). Psykologkompetanse på ville veier. Tidsskrift for Norsk psykologforening, Vol 50, nummer 9, 2013, side 950-957.

Imenes, A-K. (2011). Lavterskelpspsykolog – ikke lightpsykolog. Tidsskrift for Norsk psykologforening, Vol 48, nummer 2, 2011, side 150-154.

### **PSYPRO4204 KLINISK PRAKTIKUM IV (7,5 STUDIEPOENG VÅR)**

Diagnose og anamneseintervju

Diagnostic Interviewing, 2010, Fourth Edition

Editors: Daniel L. Segal, Michel Hersen

ISBN: 978-1-4419-1319-7 (Print) 978-1-4419-1320-3 (Online)

ebok, tilgjengelig for NTNU.

<http://link.springer.com/book/10.1007%2F978-1-4419-1320-3>

(side 1- 59)

I tillegg deles ut SCID-I og SCID-II intervju i gruppeøvingene.

### **PSYPRO4312 COGNITIVE PSYCHOLOGY II (7,5 STUDIEPOENG HØST)**

Christiá, A.Seidl, A. (2014). The hyperarticulation hypothesis of infant-directed speech. Journal of Child Language, 41(4), 913-34.

Bear, A., & Rand, D. G. (2016). Intuition, deliberation, and the evolution of cooperation. Proceedings of the National Academy of Sciences of the United States of America, 113(4), 936-941.

doi:10.1073/pnas.1517780113

Dunning, D. Johnson, K., Ehrlinger, J. and Kruger, J. (2003). Why people fail to recognize their own incompetence. *Current Direction in Psychological Science*, 12(3), 83-87. 4p

Frank, R. H. (1988). *Passions Within Reason*. P. 43-80. New York, London: W. W. Norton & Company. 38 p

Gray, S. J., & Gallo, D. A. (2016). Paranormal psychic believers and skeptics: a large-scale test of the cognitive differences hypothesis. *Memory & Cognition*, 44(2), 242-261. doi:10.3758/s13421-015-0563-x 18p

Oaksford, M., & Hall, S. On the Source of Human Irrationality. *Trends in Cognitive Sciences*, 20(5), 336-344. doi:10.1016/j.tics.2016.03.002 8p

Pennycook, G., Fugelsang, J. A., & Koehler, D. J. (2015). What makes us think? A three-stage dual-process model of analytic engagement. *Cognitive Psychology*, 80, 34-72. doi:10.1016/j.cogpsych.2015.05.001 Only the first 8 pages!

Singer, T., Seymour, B., O'Doherty, J. P., Stephan, K. E., Dolan, R. J. and Frith, C. (2006). Empathic neural responses are modulated by the perceived fairness of others. *Nature*, 436, 466-469. 4 p

Stanovich, K. E.. (2009). Distinguishing the reflective, algorithmic and autonomous minds: Is it time for a tri-process theory? In *In two minds: Dual processes and beyond* . J. S. B. T. Evans and K Frankish (Eds.), Oxford University Press: Oxford, UK. 26 p

Wolf, M., van Doorn, G. S., Leimar, O., & Weissing, F. J. (2007). Life-history trade-offs favour the evolution of animal personalities. *Nature*, 447(7144), 581-584. doi:10.1038/nature05835 5p

Bruce, V., Green, P.R., and Georgeson, M.A. (2003). *Visual Perception: Physiology, Psychology, and Ecology*, 4th Edition (or later). New York: Psychology Press, Part IV, pp. 405-419.

Anthony Chemero (2003) An Outline of a Theory of Affordances, *Ecological Psychology*, 15:2, 181-195, DOI: 10.1207/S15326969ECO1502\_5

## **PSYPRO4313 BIOLOGISK PSYKOLOGI II (7,5 STUDIEPOENG VÅR)**

Purves, D., Augustine, G. J., Fitzpatrick, D., Hall, W. C., LaMantia, A. S., White, L. E. (2012). *Neuroscience*, 5th edition. Sinauer press.

Kapittel 2: Electrical signals of nerve cells.

Kapittel 3: Voltage-dependent membrane permeability.

Kapittel 4: Ion channels and transporters.

Kapittel 5: Synaptic transmission.

Kapittel 6: Neurotransmitters and their receptors.

Kapittel 8: Synaptic plasticity.

Kapittel 9: The somatic sensory system: Touch and proprioception.

Kapittel 10: Pain.

Kapittel 11: Vision: The eye.

Kapittel 12: Central visual pathways.

Kapittel 13: The auditory system.

Kapittel 15: The chemical senses.

Kapittel 16: Lower motor neuron circuits and motor control.

Kapittel 17: Upper motor neuron control of the brainstem and spinal cord.

Kapittel 18: Modulation of movement by the basal ganglia.

Kapittel 19: Modulation of movement by the cerebellum.

Kapittel 22: Early brain development.

Kapittel 23: Construction of neural circuits.

Kapittel 24: Modification of neural circuits as a result of experience.

Kapittel 26: Association cortex and cognition.

Kapittel 27: Speech and language.

Kapittel 28: sleep and wakefulness.

Kapittel 29: Emotions.

Kapittel 31: Memory.

Fries, P. (2005). A mechanism for cognitive dynamics: neuronal communication through neuronal coherence. *Trends in cognitive sciences*, Vol 9, no 10.

Fries, P., Nikolic, D., Singer, W. (2007). The gamma cycle. *Trends in neurosciences*. Vol 30, no 7.

Moser, M-B, Rowland, D.C., Moser, E.I. (2014). Place cells, grid cells and memory. *Cold spring harbor perspectives in biology*.

## **PSYPRO4314 SOCIAL PSYCHOLOGY II (7,5 STUDIEPOENG SPRING)**

Ajzen, I. (2011). The Theory of Planned Behavior, in : Lange, Paul, A.M. Van, and Kruglanski, Arie W.. *Handbook of Theories of Social Psychology*, Volume 1. London, GBR: SAGE, 2011. ProQuest ebrary. Web. 7 October 2014. Pp. 438-459

Al Ramiah, A., & Hewstone, M. (2013). Intergroup contact as a tool for reducing, resolving, and preventing intergroup conflict: Evidence, limitations, and potential. *American Psychologist*, 68(7), 527–542. doi:10.1037/a0032603

Archer, J. (2004). Sex differences in aggression in real-world settings: a meta-analytic review. *Review of General Psychology*, 8, 291-322.

Archer, J., & Coyne, S. M. (2005). An integrated review of indirect, relational, and social aggression. *Personality and Social Psychology Review*, 9, 212-230.

- Armitage, C. J., & Conner, M. (2001). Efficacy of the Theory of Planned Behaviour: A meta-analytic review. *British Journal of Social Psychology*, 40(4), 471–499. doi:10.1348/014466601164939
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: desire for interpersonal attachment as a fundamental human motivation. *Psychological Bulletin*, 117, 497-529.
- Campbell, A. (2013). The evolutionary psychology of women's aggression. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 368(, 20130078. doi:10.1098/rstb.2013.0078
- Cialdini, R.B. & Griskevicius, V. (2010). Social influence. In: Baumeister, Roy F., and Finkel, Eli J. *Advanced Social Psychology: The State of the Science*. Cary, NC, USA: Oxford University Press, USA, 2010. ProQuest ebrary. Web. 7 October 2014. 394-426
- Fleeson, W. (2004). Moving Personality Beyond the Person-Situation Debate the Challenge and the Opportunity of Within-Person Variability. *Current Directions in Psychological Science*, 13(2), 83–87. doi:10.1111/j.0963-7214.2004.00280.x
- Gawronski, B., & Bodenhausen, G. V. (2007). Unraveling the Processes Underlying Evaluation: Attitudes from the Perspective of the Ape Model. *Social Cognition*, 25(5), 687–717.
- Gawronski, B., LeBel, E. P., & Peters, K. R. (2007). What Do Implicit Measures Tell Us?: Scrutinizing the Validity of Three Common Assumptions. *Perspectives on Psychological Science*, 2(2), 181–193. doi:10.1111/j.1745-6916.2007.00036.x
- Haselton, M. G., & Nettle, D. (2006). The paranoid optimist: An integrative evolutionary model of cognitive biases. *Personality and Social Psychology Review*, 10, 47-66.
- Holtgraves, T. M., & Kashima, Y. (2008). Language, Meaning, and Social Cognition. *Personality and Social Psychology Review*, 12(1), 73 –94. doi:10.1177/1088868307309605
- Hornsey, M. J. (2008). Social identity theory and self-categorization theory: A historical review. *Social and Personality Psychology Compass*, 2, 204-222
- Pyszczynski, T., Motyl, M., & Abdollahi, A. (2009). Righteous violence: killing for God, country, freedom and justice. *Behavioral Sciences of Terrorism and Political Aggression*, 1(1), 12–39. doi:10.1080/19434470802482118
- Rauthmann, J. F., Gallardo-Pujol, D., Guillaume, E. M., Todd, E., Nave, C. S., Sherman, R. A., ... Funder, D. C. (2014). The Situational Eight DIAMONDS: A Taxonomy of Major Dimensions of Situation Characteristics. *Journal of Personality and Social Psychology*, Advance Online Publication. doi:10.1037/a0037250 PAGE 1-6 only
- Rhodes, M., Leslie, S.-J., & Tworek, C. M. (2012). Cultural transmission of social essentialism. *Proceedings of the National Academy of Sciences*, 109(34), 13526–13531. doi:10.1073/pnas.1208951109
- Swart, H., Hewstone, M., Christ, O., & Voci, A. (2010). The Impact of Crossgroup Friendships in South Africa: Affective Mediators and Multigroup Comparisons. *Journal of Social Issues*, 66(2), 309–333. doi:10.1111/j.1540-4560.2010.01647.x
- Vaes, J., Leyens, J.-P., Paola Paladino, M., & Pires Miranda, M. (2012). We are human, they are not: Driving forces behind outgroup dehumanisation and the humanisation of the ingroup. *European Review of Social Psychology*, 23(1), 64–106. doi:10.1080/10463283.2012.665250



Wang, Q., Shao, Y., & Li, Y. J. (2010). "My way or mom's way?" The bilingual and bicultural self in Hong Kong Chinese children and adolescents. *Child Development*, 81(2), 555–567. doi:10.1111/j.1467-8624.2009.01415.x

Williams, K. D. (2007). Ostracism. *Annual Review of Psychology*, 58, 425-452.

## **RECOMMENDED READINGS:**

\*\*\* Lecture Slides \*\*\*

Batson, C. D. (1998). Altruism and prosocial behaviour. In D. T. Gilbert, S. T. Fiske, and G. Lindzey (Eds.), *The Handbook of Social Psychology* Vol. II, 4th ed. (pp. 282-316). Boston Massachusetts: McGraw-Hill.

Cialdini, R. B. (2006). *Influence: The psychology of persuasion* (Revised ed.). New York: Harper Business.

Neuberg, S. L., Kenrick, D. T., & Schaller, M. (2010). Evolutionary social psychology. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of social psychology* (5th ed., Vol. 2, pp. 761-796). New Jersey: John Wiley & Sons, Inc.

Oskamp, S., & Wesley Schultz, P. (2005). *Attitudes and Opinions*. 3rd ed. Chapters 10-11 (pp. 207-264). New York: Psychology Press, Taylor & Francis Group.

Ross, L., Lepper, M., & Ward, A. (2010). History of social psychology: Insights, challenges, and contributions to theory and application. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of Social Psychology* (5th ed., Vol. 1, pp. 3-50). New Jersey: John Wiley & Sons, Inc.

Ruggieri, S., Bendixen, M., Gabriel, U., & Alsaker, F. (2013). Do Victimization Experiences Accentuate Reactions to Ostracism? An Experiment Using Cyberball. *International Journal of Developmental Science*, 7(1), 25–32. doi:10.3233/DEV-1312114

## **PSYPRO4315 UTVIKLINGSPSYKOLOGI II (7,5 STUDIEPOENG HØST)**

*Med unntak av Hart & Schwartz (2008) består obligatorisk pensum i hovedsak av litteratur som er tilgjengelig via internett. Nærmere info blir oppgitt ved semesterstart.*

### **I. PERSPEKTIVER PÅ UTVIKLING**

Belsky, J., Bakermans-Kranenburg, M. J., & van Ijzendoorn, M. H. (2007). For better and for worse: differential susceptibility to environmental influences. *Current Directions in Psychological Science*, 16, 300-304. doi:10.1111/j.1467-8721.2007.00525.x.

Pluess, M. (2015). Individual Differences in Environmental Sensitivity. *Child Development Perspectives*, 9(3), 138-143. doi: 10.1111/cdep.12120

Sroufe, A. (2013). The promise of developmental psychopathology: Past and present. *Development and Psychopathology*, 25, 1215–1224.

### **II. BARN**

#### ***Temperament og emosjonsregulering***

Shiner, R. L., Buss, K. A., McClowry, S. G., Putnam, S. P., Saudino, K. J., & Zentner, M. (2012). What Is Temperament Now? Assessing Progress in Temperament Research on the Twenty-Fifth Anniversary of Goldsmith et al. *Child Development Perspectives*, 6(4), 436-444. doi: 10.1111/j.1750-8606.2012.00254.x

Zimmermann, P. & Thompson, R., A. (2014). New directions in developmental emotion regulation research across the life span: Introduction to the special section. *International Journal of Behavioral Development*, 38(2) 139–141.

### ***Samspill, selv-utvikling og tilknytning***

Fearon, P., & Belsky, J. (in press). Precursors of attachment security. In J. Cassidy, & P. R. Shaver (Eds.), *Handbook of Attachment. Theory, Research, and Clinical Applications* (3rd ed., 291-313). London: The Guilford Press.

Groh, A. M., Fearon, R. P., Bakermans-Kranenburg, M. J., Van Ijzendoorn, M. H., Steele, R. D., & Roisman, G. I. (2014). The significance of attachment security for children's social competence with peers: a meta-analytic study. *Attachment & Human Development*, 16(2), 103-136. doi: 10.1080/14616734.2014.883636

Groh, A. M., Roisman, G. I., van Ijzendoorn, M. H., Bakermans-Kranenburg, M. J., & Fearon, R. P. (2012). The Significance of Insecure and Disorganized Attachment for Children's Internalizing Symptoms: A Meta-Analytic Study. *Child Development*, 83(2), 591-610. doi: 10.1111/j.1467-8624.2011.01711.x

Hart, S. & Schwartz, R. (2008). Fra interaksjon til relasjon. Tilknytning hos Winnicott, Bowlby, Stern, Schore & Fonagy (s. 63-152). Oslo: Gyldendal Akademisk.

Keller, H. (2012). Attachment and Culture. *Journal of Cross-Cultural Psychology*. 44(2), 175–194.

Mesman et al. (2015). Is the ideal mother a sensitive mother? Beliefs about early childhood parenting in mothers across the globe. *International Journal of Behavioral Development*, 1-13.

Raby, K. L., Lawler, J. M., Shlafer, R. J., Hesemeyer, P. S., Collins, W. A., & Sroufe, A. L. (2015). The Interpersonal Antecedents Of Supportive Parenting: A Prospective, Longitudinal Study From Infancy To Adulthood. *Developmental Psychology*, 51(1), 115-23.

Sharp, C., & Fonagy, P. (2008). The Parent's Capacity to Treat the Child as a Psychological Agent: Constructs, Measures and Implications for Developmental Psychopathology. *Social Development*. 17(3), 737-754. doi: 10.1111/j.1467-9507.2007.00457.x

### ***III. UNGDOM***

#### ***Relasjoner, romantikk og autonomi***

Allen, J., P., Uchino B., N. & Christopher A. Hafen, C., A. (2015). Running With the Pack: Teen Peer-Relationship Qualities as Predictors of Adult Physical Health. *Psychological Science*, 1–10.

Collins, W., A., Welsh, D., P. & Furman, W. (2009). Adolescent Romantic Relationships. *Annu. Rev. Psychol.* 60:631–52.

Oudekerk, B., A., Allen, J., P., Hessel, E., T. & Molloy L., E. (2015). The Cascading Development of Autonomy and Relatedness, from Adolescence to Adulthood. *Child Development*; 86(2):472-85.

## **Identitet**

Fuligni, A. J., & Tsai, K. M. (2015). Developmental Flexibility in the Age of Globalization: Autonomy and Identity Development Among Immigrant Adolescents. *Annual Review of Psychology*, 66(1), 411-431.

Kroger, J. (2003). Identity Development during Adolescence. In G., R. Adams & M., D. Berzonsky (eds.), *Blackwell Handbook of Adolescence*, 206-221. Oxford: Blackwell Publishing.

Meeus, W., van de Schoot, R., Keijsers, L. & Branje, S. (2011). Identity Statuses as Developmental Trajectories: A Five-Wave Longitudinal Study in Early-to-Middle and Middle-to-Late Adolescents. *J Youth Adolescence*, Doi: 10.1007/s10964-011-9730-y

## **Tenåringshjernen, pubertet og seksualitet**

Jonsson, L., S, Bladh, M., Priebe, G. & Svedin, C., G. (2015). Online sexual behaviours among Swedish youth: associations to background factors, behaviours and abuse. *Eur Child Adolesc Psychiatry*. 24:1245–1260.

Saewyc, E. M. (2011). Research on Adolescent Sexual Orientation: Development, Health Disparities, Stigma, and Resilience. *Journal of Research on Adolescence*, 21(1), 256-272.

Skoog, T., & Stattin, H. (2014). Why and Under What Contextual Conditions Do Early-Maturing Girls Develop Problem Behaviors? *Child Development Perspectives*, 8(3), 158-162. doi: 10.1111/cdep.12076

Somerville, L. (2013). Special issue on the teenage brain: Sensitivity to social evaluation. *Curr Dir Psychol Sci*, 22(2), 121–127. doi:10.1177/0963721413476512.

## **PSYPRO4316 PERSONLIGHETSPSYKOLOGI II (640 sider) (7,5 STUDIEPOENG VÅR)**

### **Pensum**

Kennair & Hagen (red). (2015). *Personlighetspsykologi*. Bergen: Fagbokforlaget.

Utvalgte artikler i kompendium (\*= kompendium)

### **Anbefalt lesning**

John, O.P., Robins, R., Pervin, L. A. (2011). *Handbook of personality: Theory and research*. Guilford Press (herunder kapittel 2, 4,6, 8, 10- 11, 13-15, 19-23, 29)

### **Pensum ordnet etter tema**

(\* refererer til artikler i kompendium, mens resten refererer til kapitler i "Handbook of Personality")

### **Trekkteori (96 sider)**

\*Block, J. (2001). Millennial Contrarianism: The Five-Factor Approach to Personality Description 5 Years Later. *Journal of Research in Personality* 35, 98–107 (9)

\*Clark, A. (2005). Temperament as unifying basis for personality and psychopathology. *Journal of abnormal Psychology*, 4, 505-521. (16)

\*Eysenck, H.J. (1992). Four ways five factors are not basic. *Personality and individual differences*, 13, 667-673. (7 sider)

\* McCrae, R.R (2010). The place of the FFM in personality psychology. *Psychological Inquiry*, 21, 57-64. (8 sider).

\*McCrae, R.R., & John, O. P. (1992). An introduction to the Five-Factor Model and its applications. *Journal of Personality*, 60, 175–215 (41 sider).

### ***Kognitiv personlighetsteori (105 sider)***

\* Bandura, A. (1999). Social cognitive theory of personality. I Pervin & John (ed): *Handbook of personality. Theory and research* (2nd edition) (ss. 154-196) (43 sider)

Gailot, M. T., Mead, N. L., & Baumeister, R. E. (2011). Self-regulation. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3rd edition) (kap 18). (20 sider).

Mischel, W & Shoda, Y. (2011). Toward a unified theory of personality: Integrating dispositions and processing dynamics within the cognitive- affective system. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3rd edition) (kap 7). (34 sider)

Wells, A., & Matthews, G. (1996) Modelling cognition in emotional disorder: The S-REF model. *Behaviour Research and Therapy*, 34, 881-888 (8 sider).

### ***Humanistisk teori (75 sider)***

Rogers, C. The necessary and sufficient conditions of therapeutic change. *Journal of Consulting Psychology*, 95-103 (19 sider).

Schultheiss, Oliver C. (2011). Implicit motives. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3rd edition) (kap 24) (31 sider).

Ryan, R. M. (2011). Self-determination theory and the role of basic psychological needs in personality and the organization of behavior. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3rd edition) (kap 26) (25 sider).

### ***Psykodynamisk teori (107 sider)***

Kernberg, O., & Caligor, E. (2005). A psychoanalytic theory of personality disorder. I Lenzenweger & Clarkin (ed). *Major theories of personality disorder* (ss. 114-156) (43 sider).

Westen, D., Gabbard, G. O., & Ortigo (2011). Psychoanalytic approaches to personality. I John, Robins & Pervin (ed): *Handbook of personality. Theory and research* (3rd edition) (kap 3) (53 sider).

Wolfe, B. (1989) Heinz Kohut's self-psychology. A conceptual analysis. *Psychotherapy*, 545- 554 (11 sider).

## ***Evolusjonspsykologi og atferdsgenetikk (161 sider)***

### ***Evolusjonspsykologi***

Kennair, L.E.O.(2004). Evolusjonspsykologi: En innføring i menneskets natur. Trondheim. Tapir. Kapittel 3 (39 sider).

Buss, D.M. & Hawley, P.H. (2011). The evolution of personality and individual differences. New York. Oxford. Kapittel 1 og 2 (53 sider).

### ***Atferdsgenetikk***

Belsky, J. & Pluess, M. (2009). Beyond diathesis stress: Differential susceptibility to environmental influences. Psychological Bulletin, 135, 885-908 (24 sider)

Caspi, A., Roberts, B.W., & Shiner, R.L. (2005). Personality development: Stability and change. Annual Review of Psychology, 56, 453-484 (32 sider)

McGue, M. (2008). The end of behavioral genetics? Behavior Genetics, 40, 284-296 (13 sider)

Turkheimer (2000). The three laws of behavior genetics and what they mean. Current Directions in Psychological Science, 9, 160-164 (5 sider)

### ***Personlighet og helse (90 sider)***

Watson D, Clark. L. A, Stasik, S. M (2011) Emotions and the emotional disorders: A quantitative hierarchical perspective. International Journal of Clinical and Health Psychology, 429-442 (14 sider)

Gross, J.J. (2011). Emotion and emotion regulation: Personality processes and individual differences. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3rd edition) (kap 28) (24 sider).

Hampson S. E., Friedman, H. S. (2011). Personality and health. A lifespan perspective. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3rd edition) (kap 31). (25 sider).

Widiger, T. A., & Smith, G. T. (2011). Personality and psychopathology. I John, Robins & Pervin (ed): Handbook of personality. Theory and research (3rd edition) (kap 30) (27 sider).

## **PSYPRO4317 STATISTIKK OG KVANTITATIVE FORSKNINGSMETODER (7,5 STUDIEPOENG HØST)**

Field, A. (2013). Discovering statistics using IBM SPSS statistics (4th edition). Sage. (OBS: Nyere utgave enn 2014; de to artiklene faller bort).

## **PSYPRO4318 KVALITATIVE FORSKNINGSMETODER (7,5 STUDIEPOENG HØST)**

Smith, J. A. (2015). Qualitative Psychology. A practical guide to research methods. 3<sup>rd</sup> edition. Sage.

Corbin, J. & Strauss, A. (1990) Grounded Theory Research: Procedures,

Canons, and Evaluative Criteria, Qualitative Sociology, 13, 4-21

Smith, J. A., Osborn, M. (2007). Pain as an assault on the self: An Interpretative phenomenological analysis of the psychological impact of chronic benign low back pain, *Psychology & Health*, 22, 517-534.

Rosenhan, D.L. (1973). On being sane in insane places. *Santa Clara Law review*, 13, 379-399.

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Yea et al (2014). In-depth Interviews. In *Qualitative research*. (tilgjengelig på nettsiden til faget).

Howitt (2010). Ethnography and participant observation. I *Introduction to qualitative Methods in psychology*. (Tilgjengelig på nettsiden til faget).

#### **PSYPRO4412 ANVENDT KLINISK KOGNITIV PSYKOLOGI (7,5 STUDIEPOENG HØST)**

Abu-Akel, A. M., Wood, S. J., Hansen, P. C., & Apperly, I. A. (2015). Perspective-taking abilities in the balance between autism tendencies and psychosis proneness. *Proceedings of the Royal Society B-Biological Sciences*, 282(1808), 8. doi:10.1098/rspb.2015.0563

Adams, R. A., Huys, Q. J. M. and Roiser, J. P. (2015). Computational psychiatry: towards a mathematically informed understanding of mental illness. *Journal of Neurology, Neurosurgery and Psychiatry*, 1-11. doi: 10.1136/jnnp-2015-310737. 9p

Agren, T. (2014). Human reconsolidation: a reactivation and update. *Brain Research Bulletin*, 105, 70-82. 12p

Bouton, M. E. (2014). Why behaviour change is difficult to sustain. *Preventive Medicine*, 68, 29-36. doi: 10.1016/j.ypmed2014.06.010 6p

Craig, A. D. (2004). Human feelings: why are some more aware than others? *Trends in Cognitive Sciences*, 8(6), 239-241. 3 p

Craske, M. G., Treanor, M., Conway, C. C. and Zbozinek, T. (2014). Maximizing exposure therapy: an inhibitory learning approach. *Behavior Research and Therapy*, 58, 10-23. 12p

Frith, C. (2005). The neural basis of hallucinations and delusions. *C. R. Biologies*, 328, 169–175. 6 p

Gabbard, G. O. (2000). A neurobiologically informed perspective on psychotherapy. *British Journal of Psychiatry*, 177, 117-122. 6 p

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Gershman, S. J., Jones, C. E., Norman, K. E., Monfils, M. H. and Niv, Y. (2013). Gradual extinction prevents the return of fear: implications for the discovery of state. <i>Frontiers in Behavioral Neuroscience</i> , 7, 1-6. doi: 10.3389/fnbeh.2013.00614	5 p
Happé, F. Ronald, A. and Plomin, R. (2006). Time to give up on a single explanation for autism. <i>Nature Neuroscience</i> , 9(10), 1218-1220.	3 p
Hammond, D. C. (2011). What is neurofeedback: an update. <i>Journal of Neurotherapy</i> 15, 305-336.	17p
Hupbach, A., Gomez, R., Hardt, O. and Nadel, L. (2007). Reconsolidation of episodic memories: A subtle reminder triggers integration of new information. <i>Learning &amp; Memory</i> , 14, 47-53.	6 p
Johanessen, J. O. (2011). Chapter 2, pages 28-42 in <i>Schizofreni</i> (Rund, B. R., Ed.). Stavanger: Hertevig akademisk.	15p
Mathews, A. and MacLeod, C. (1994). Cognitive approaches to emotion and emotional disorders. <i>Annual Review of Psychology</i> , 45, 25-50.	26 p
Monfils, M-H, Cowansage, K. K., Klann, E. and LeDoux, J. E. (2009). Extinction-reconsolidation boundaries: Key to persistent attenuation of fear memories. <i>Science</i> , 324, 951-955.	5 p
Moritz et al. (2010). Detecting and defusing cognitive traps: metacognitive intervention in schizophrenia. <i>Current Opinion in Psychiatry</i> 23, 561-569.	7 p
Shaw, J. and Porter, S. (2015). Constructing rich false memories of committing crime. <i>Psychological Science</i> , 26(3), 291-301.	9 p
Sherlin, L. H., Arns, M., Lubar, J., Heinrich, H., Kerson, C., Strehl, U. and Serman, M. B. (2011). Neurofeedback and basic learning theory: implications for research and practice. <i>Journal of Neurotherapy</i> 15, 292-304.	10 p
Sundet, K. (2011). Chapter 6, pages 102-117 in <i>Schizofreni</i> (Rund, B. R., Ed.). Stavanger: Hertevig akademisk.	16 p
Torgalsbøen, A. K. (2011). Chapter 5, pages 83-101 in <i>Schizofreni</i> (Rund, B. R., Ed.). Stavanger: Hertevig akademisk.	19 p
Ueland, T. (2011). Chapter 16, pages 265-279 in <i>Schizofreni</i> (Rund, B. R., Ed.). Stavanger: Hertevig akademisk.	15 p
Wells, A. (2000). Emotional processing, the S-Ref and trauma therapy. In <i>Emotional disorders and metacognition: innovative cognitive therapy</i> , p. 14-23 & 55-90. Chichester: John Wiley & Sons.	46 p
Wiecki, T. V., Poland, J. and Frank, M. J. (2015). Model-based cognitive neuroscience approaches to computational psychiatry: clustering and classification. <i>Clinical Psychological Science</i> ,	19 p
Total	321 pages

## **PSYPRO4413 ANVENDT OG KLINISK BIOLOGISK PSYKOLOGI:**

### **NEVRALE SYSTEMER OG PSYKOFARMAOLOGI (7,5 STUDIEPOENG VÅR)**

#### ***Bok / Bokkappelle:***

Kandel, Schwartz, Jessell, Siegelbaum & Hudspeth. Principles of Neural Science, 5te utgave (2013).  
Kapittel 62: Disorders of thought and volition: Schizophrenia.

Lovallo WR. (2005) Stress & Health, 2nd ed. Sage. Kapittel 2-7. ISBN: 9781412904780

Purves D et al. (2012) Neuroscience, 5th ed. Sinauer Associates. Kap. 10. Pain.

#### ***Artikler:***

Arns M, Heinrich H, Strehl U (2014) Evaluation of neurofeedback in ADHD: the long and winding road. Biological psychology, 95, 108-115.

Boutros N, Gjini K, Arfken C (2011) Advances in electrophysiology in the diagnosis of behavioral disorders. Expert opinion in medical diagnostics, 5, 441-452.

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Hilbert K, Lueken U, Beesdo-Baum K (2014) Neural structures, functioning and connectivity in generalized anxiety disorder and interaction with neuroendocrine systems: a systematic review. Journal of affective disorders, 158, 114-126.

Hoffman GA, Harrington A, Fields HL. (2005) Placebo analgesia - what we have learned. Perspectives in Biology and Medicine, 48, 248-265.

Holtzheimer P, Mayberg H (2011) Deep Brain Stimulation for psychiatric disorders. Annual review of neuroscience, 34, 289-307.

Hyman S, Malenka R, Nestler E (2006) Neural mechanisms of addiction: the role of reward-related learning and memory. Annual review of neuroscience, 29, 565-598

Lisman J (2012) Excitation, inhibition, local oscillations or large-scale loops: what causes the symptoms of schizophrenia? Current opinion in neurobiology, 22, 537-544.

Meissner K, Bingel U, Colloca L, Wager TD, Watson A, Flaten MA. (2011) The Placebo Effect: Advances from Different Methodological Approaches. Journal of Neuroscience, 31, 16117-16124.

Moreno-Duarte I, Gebodh N, Schestatsky P, Guleyupoglu B, Reato B, Bikson M, Fregni F (2014) Transcranial Electrical Stimulation: Transcranial Direct Current Stimulation (tDCS), Transcranial Alternating Current Stimulation (tACS), Transcranial Pulsed Current Stimulation (tPCS), and Transcranial Random Noise Stimulation (tRNS). The stimulated brain, chapter 2, 35-59



Price J, Drevets W (2012) Neural circuits underlying the pathophysiology of mood disorders. *Trends in cognitive sciences*, 16, 61-71.

Reitz C, Mayeux R (2014) Alzheimer disease: epidemiology, diagnostic criteria, risk factors and biomarkers. *Biochemical pharmacology*, 88, 640-651.

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Schwabe L, Nader K, Pruessner JC (2014). Reconsolidation of human memory: brain mechanisms and clinical relevance, *Biological Psychiatry*, <http://dx.doi.org/10.1016/j.biopsych.2014.03.008>

Siegel S. (2008) Learning and the wisdom of the body. *Learning and Behavior*, 36, 242-252.

Singer W (2009) Consciousness and neuronal synchronization. *The neurology of consciousness*, chapter 4, 43-52.

#### **PSYPRO4414 ANVENDT SOSIALPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

Buunk, A.P., & Van Vugt, M. (2008). *Applying Social Psychology: From Problems to Solutions*. London: Sage. (Book to purchase; 135 pages)

Cohen, S., & Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological Bulletin*, 98(2), 310-357.

Drottz-Sjöberg, B.-M. (2012). Tools for risk communication. In Sabine Roeser, Rafaela Hillerbrand, Per Sandin and Martin Peterson (Eds.), *Handbook of Risk Theory. Epistemology, Decision Theory, Ethics, and Social Implications of Risk*. Chapter 29 (pp. 761-787). Heidelberg: Springer.

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Macrae, C. N., & Quadflieg, S. (2010). Perceiving people. In S. T. Fiske, D. T. Gilbert & G. Lindzey (Eds.), *Handbook of Social Psychology* (5th ed., Vol. 1, pp. 428-463). New Jersey: John Wiley & Sons, Inc.

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Steinberg, L. (2004). Risk taking in adolescence. What changes, and why? *Annals New York Academy of Sciences*, 1021, 51-58. Doi: 10.1196/annals.1308.005

Tyler, T. R., & Smith, H. J. (1998). Social justice and social movement. In Daniel T. Gilbert, Susan T. Fiske and Gardner Lindzey *Handbook of Social Psychology*, Vol. II., 4th ed., (pp.595-622). Boston, Massachusetts: McGraw Hill.

Zajonc, R. B. (1998). Emotions. In Daniel T. Gilbert, Susan T. Fiske and Gardner Lindzey *Handbook of Social Psychology*, Vol. I., 4th ed., (pp.591-623). Boston, Massachusetts: McGraw Hill.

### **Litteratur øvelser (ikke obligatorisk pensum)**

#### **Litteratur knyttet til øvinger i forskningsmetodikk, soslab:**

Fontanea, A., & Frey, J. H. (1994). Interviewing. The art of science. In N. K. Denzin and Y. S. Lincoln (eds.), *Handbook of Qualitative Research* (pp. 361-375). London: Sage.

Howitt, D. (2010). Focus groups. In *Introduction to Qualitative Methods in Psychology* (Ch. 4, pp.89-110). Harlow, England: Prentice Hall.

Robson, C. (1993). *Real World Research. A Resource for Social Scientists and Practitioners Researchers*. Chapter 8-9 (pp. 191-268). Oxford: Blackwell. 20

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McHorney, C. A., Ware Jr, J. E., & Raczek, A. E. (1993). The MOS 36-Item Short-Form Health Survey (SF-36): II. Psychometric and clinical tests of validity in measuring physical and mental health constructs. *Medical Care*, 247-263.

Nardi, P. M. (2014). Developing a Questionnaire. In *Doing Survey Research: A Guide to Quantitative Methods* (3rd ed.) (pp. 70-111). Boulder: Paradigm Publishers.

Nardi, P. M. (2014). Sampling. In *Doing Survey Research: A Guide to Quantitative Methods* (3rd ed.) (pp. 112-132). Boulder: Paradigm Publishers.

Penedo, F. J., & Dahn, J. R. (2005). Exercise and well-being: a review of mental and physical health benefits associated with physical activity. *Current Opinion in Psychiatry*, 18(2), 189-193.

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### **PSYPRO4415 ANVENDT OG KLINISK UTVIKLINGSPSYKOLOGI (7,5 STUDIEPOENG HØST)**

Brandtzæg, I., Smith, L., & Torsteinson, S. (2011). *Tilknytningsbasert terapi* (kapittel 6, side 195-246)

### **Anbefalt litteratur:**

Herbert, P., Ginsburg. Entering the Child's mind. (støttelitteratur til klinisk intervju)

Handbook of Attachment. (Støttelitteratur til Elisabeth Solheims forelesning om Circle of Security)

## **PSYPRO4416 ANVENDT OG KLINISK PERSONLIGHETSPSYKOLOGI (7,5 STUDIEPOENG VÅR)**

### **Bøker**

Archer, R. P. & Smith, S. R. (2014). Personality assessment (480s)

Havik, O. E. (2010). MMPI-2: Kartlegging av psykopatologi og personlighet. Oslo: Universitetsforlaget (265 s)

### **Artikler/ bokkapitler/manualer**

\*Alden, L. E., Wiggins, J. S., & Pincus, A. L. (1990). Construction of circumplex scales for the Inventory of Interpersonal Problems. *Journal of Personality Assessment*, 55, 521-536.

\*Benjamin, L. S., Rothweiler, J. C. & Critchfield, K. L. (2006). The use of structural analysis of social behaviors (SASB) as an assessment tool. *Annu. Rev. Clin. Psychol*, 2, 83 – 109.

\*\*Costa, Jr., P. T. & McCrae, R.R. (1992). NEO PI-R: Professional manual. Odessa, Florida: Psychological Assessment Resources

\* Friborg, O. (2015). Vitenskapelig måling av personlighet. I Kennair & Hagen (red). *Personlighetspsykologi* (ss 267-294).

\*McCullough, L. & Andrews, S. (2006). Assimilative integration: Short-term dynamic psychotherapy for treating affect phobias (16 s)

\*Morey, L.C. (2007). The Personality Assessment Inventory professional manual. Lutz, FL: Psychological Assessment Resources.

\*Piper, W. E., McCallum, M. & Joyce, A. S. (2001). Manual for assessment of quality of object relations scale.

\*Stein, M., Hilsenroth, M., Slavin-Mulford, J., & Pinsker, J. (2011). Social Cognition and Object Relations Scale: Global Rating Method (SCORS-G; 4th ed.). Unpublished manuscript, Massachusetts General Hospital and Harvard Medical School, Boston, MA

\* blir lagt ut på Its learning

\*\* blir lånt ut og leveres tilbake etter eksamen

## **PSYPRO4501 HELSEPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Stroebe W. (2011). *Social Psychology and Health*. Buckingham: Open University Press. Alle kapitler.

Espnes GA & Smedslund G. (2009). *Helsepsykologi*. Oslo: Gyldendal, kap.9, 12, 15.

## **PSYPRO4502 ARBEIDS OG ORGANISASJONSPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Saksvik, P. Ø. & Nytrø, K. (red) (2009). Klinisk Organisasjonspsykologi. Oslo. Cappelen Akademisk Forlag.

Reinecker, L. & Jørgensen, P. S. (2009). Den gode oppgaven. Fagbokforlaget.

APA-maualen 6. utgave.

Utvalgte artikler for å belyse egen problemstilling – 150 – 400 sider

## **PSYPRO4503 - SAMFUNNPSYKOLOGI (7.5 STUDIEPOENG HØST)**

Nelson, Geoffrey B. & Prilleltensky, Isaac (2010, 2.ed. eller senere utgaver). Community Psychology: in pursuit of liberation and well-being. Basingstoke, Hampshire; New York; Palgrave Macmillan.

## **PSYPRO4504 - EKSTERN SAMFUNNPSYKOLOGISK PRAKSIS**

(7,5 STUDIEPOENG HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4503 – Samfunnspsykologi må også anses som støttelitteratur.

## **PSYPRO4505 – RETTSPSYKOLOGI OG SAKKYNDIGHET (7,5 STUDIEPOENG HØST/VÅR)**

Rosenqvist og Rasmussen: Rettspsykiatri i praksis- 2. utg. Universitetsforlaget 2004. Kap. 1,2,3,4,6,7,8,9,12,13,14,15 og 16.

**Digitalt kompendium i Rettspsykologi.**

Anbefalt litteratur:

Lov om barneverntjenester.

Lov om barn og foreldre.

Forskrift om dommeravhør og observasjon m.m.

An-Magritt Aanonsen: Prosessutvikling i arbeid som psykologisk sakkyndig.

## **PSYPRO4601 - KLINISK PSYKOLOGI - BARN OG UNGDOM (15 STUDIEPOENG VÅR/HØST)**

**Bøker:**

Mash E.J. & Wolfe, D. A. (2013). Abnormal Child Psychology (5th edition). Wadsworth, Cengage Learning: Belmont, CA. ISBN-13:978-0-495-50627-0. Kap. 5-14. (309 s).

Kendall, P. C. (Ed.) (2012). Child and adolescent therapy. Cognitive behavioral procedures. New York, NY: The Guildford Press. Kap. 3, 4, 6, 13. (136 s).

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). Utviklingsrettet intersubjektiv psykoterapi med barn og unge. Fagbokforlaget. Del 1: Kap. 1, 2. Del 2. Kap. 6, 7. (126 s).

### **Anbefalt litteratur:**

Rutter M., Bishop D., Pine D., Scott S., Stevenson J., Taylor E. & Thapar, A. (Ed.) (2008). Rutter's Child and Adolescent Psychiatry. Fifth edition. Blackwell Publishing.

### **Artikler/Kapitler:**

#### **Barneterapi:**

Svendsen, B. (2010). Implikasjoner for terapi. I K. Jacobsen & B. Svendsen (red) Emosjonsregulering og oppmerksomhet. Kap. 3. s.41-61. Oslo: Fagbokforlaget (20 s)

Haugvik, M. & Tanum Johns, U. (2006): Betydningen av felles fokus i tidsavgrenset psykoterapi med barn: En kvalitativ studie av psykoterapi med barn som opplever vanskelige familieforhold. Tidsskrift for Norsk Psykologforening 1,43 s. 19-29.(10 s)

Brandtzæg, I., Smith, L., Torsteinson, S. (2011). Tilknytningsbasert terapi. Brandtzæg, I., Smith, L., Torsteinson, S. (red). Mikroseparasjoner: Tilknytning og behandling. Kap. 6. s. 195-246. Oslo. Fagbokforlaget. (51s).

Russ, S. W. (2004). Play in child development and psychotherapy. Toward empirically supported practice. New Jersey: Lawrence Erlbaum Associates. Kap. 3 & 4 (43 s).

Morgan, A. (2000) What is narrative therapy? Dulwich Centre Publication: Adelaide.Kap. 1, 2, 3, 6, 7, 8, 9 og 14. (66 s).

Lynch, T. R., A. L. Chapman, M. Z. Rosenthal, J. R. Kuo, and M. M. Linehan. Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. Journal of Clinical Psychology. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills. Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. Nordic Journal of Psychiatry. 60:431-437, 2006.(6 s)

Fredriksen,A., Aune,T. og Aarseth,J. (2008). Kognitiv terapi for barn og unge i Berge,T. og Repål, A. Håndbok i kognitiv terapi. (s. 617-49). Oslo: Gyldendal Akademisk. (32 s)

### **Anbefalt litteratur:**

Jacobsen K. & Svendsen B. (2010). Emosjonsregulering og oppmerksomhet – grunnfenomener i terapi med barn og unge. Oslo: Fagbokforlaget.

Moe, V. (1996). Selvutvikling og det affektive samspillet. I M. Kjær (red) Skjønner du? Kommunikasjon med barn. s. 21-47. Oslo. Kommuneforlaget.

Røed Hansen, B. (2012). I dialog med barnet. Intersubjektivitet i utvikling og i psykoterapi. Oslo. Gyldendal Norsk Forlag AS.

Røed Hansen, B. (1991). Betydningen av oppmerksomhet og samspill i psykoterapi med barn. Tidsskrift for Norsk Psykologforening, 28, 9, 779-788

Haavind, H. (1996). "Leken som virkemiddel i psykoterapi med barn", i S. Reichelt & H. Haavind (red) Aktiv psykoterapi. s. 245-280. Oslo: Gyldendal.

Svendsen, B. (2007). Utvikling av allianse i psykoterapi med barn. I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Samspill og forståelse. (s.69-96). Oslo: Gyldendal.

Svendsen B., Johns U.T., Brautaset H. & Egeberg I. (red.) (2012). Utviklingsrettet intersubjektiv psykoterapi med barn og unge. Fagbokforlaget. Del 2: Kap. 9. (24 s).

Fonagy, P., Target, M. & Gergely G. (2006): Psychoanalytic perspectives on developmental psychopathology. In D.J. Cohen & D. Cichetti (Eds.). Developmental Psychopathology. Vol. 1: Theory and method (2nd ed.) (pp. 701-749). New Jersey: John Wiley & Sons.

Jensen, T. K. (2007). Hvordan kan vi forstå og hjelpe barn og ungdom som har vært utsatt for traumer? I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Samspill og forståelse. (s.294-327). Oslo: Gyldendal.

#### **Foreldrefokusert arbeid med barn:**

Hafstad R. & Øvereide H. (red.) (2011). Utviklingsstøtte. Foreldrefokusert arbeid med barn. Høyskoleforlaget. Del 2: Kap. 5 og 7. (37 s)

Cunningham, P.B. & Heggeler, S.W. (1999). "Engaging Multiproblem Families in Treatment: Lessons Learned Throughout the Development of Multisystemic Therapy". Family Process, 38, 265-286. (21 s)

Diamond, G. and A. Josephson. (2005). Family-based treatment research: A 10-year update. Journal of the American Academy of Child and Adolescent Psychiatry. 44:872-887. (15 s)

#### **Anbefalt litteratur:**

Hanna, S. M. (2007). The practice of family therapy: Key elements across models (4th ed.). Belmont, CA: Thomson Brooks/Cole. Kapittel 1,2,5,7 og 8. 165 sider.

Mæhle M. (2000). " Bruk av barnespesifikk kunnskap i familieterapi I". s.19-37. Fokus 1/2000.

Mæhle M. (2001). " Bruk av barnespesifikk kunnskap i familieterapi II". s.3-21. Fokus vol. 29/2001.

Apeland, A. (2007). De voksens allierte eller barnets? Parent Management Training – Oregonmodellen. I Haavind, H. & Øvreiede H. (Red.). Barn og unge i psykoterapi. Terapeutiske fremgangsmåter og forandring (s.78-108). Oslo: Gyldendal.

### **Behandlingsforskning:**

Weisz JR, Sandler IN, Durlak JA, Anton BS. (2005). Promoting and protecting youth mental health through evidence-based prevention and treatment. *American Psychologist*. 60(6):628-648. (20 s)

Weisz, J.R., C.A. McCarty, and S. M. Valeri. (2006). Effects of psychotherapy for depression in children and adolescents: A meta-analysis. *Psychological Bulletin*. 132:132-149. (17 s)

### **Førstelinjearbeid:**

Jacobsen, K. (2010). Kunnskap om oppmerksomhet og emosjonsregulering. I K. Jacobsen & B. Svendsen (red) *Emosjonsregulering og oppmerksomhet*. Kap. 2. s.25-36. Oslo: Fagbokforlaget (11 s)

Jacobsen, K. & Bjerkan, B., (2010). Tidlig samspill med spedbarn med alvorlig psykisk utviklingshemming. I Vibeke Moe, Kari Slinning, Marit Bergum-Hansen, (red.) *Håndbok i sped-og småbarns psykiske helse* Kap. 24. Oslo: Gyldendal Akademisk (10 s)

Jacobsen, K. & Bekk, M. (2005). Psykologisk forståelse av autisme – implikasjoner for behandling. *Tidsskrift for Norsk Psykologforening* nr. 42, s. 790-796. (6 s)

Elliot, J.G (1999): Practitioner Review: School Refusal: Issues of Conceptualisation, Assessment, and Treatment. *J. Child Psychol. Psychiat.* Vol 40, no. 7 pp 1001-1012. (11 s)

### **Forebygging:**

Cusimano, M. D., & Sameem, M. (2011). The effectiveness of middle and high school-based suicide prevention programmes for adolescents: a systematic review. *Injury Prevention*, 17(1), 43-49. doi: 10.1136/ip.2009.025502 (6 s)

Durlak, J. A., Weissberg, R. P., Dymnicki, A. B., Taylor, R. D., & Schellinger, K. B. (2011). The Impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions. [Article]. *Child Development*, 82(1), 405-432. doi: 10.1111/j.1467-8624.2010.01564.x (27 s)

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Wilson, S.J. & Lipsey, M.W., 2007, School-Based Interventions for Aggressive and Disruptive Behavior. Update of a Meta-Analysis, *Am J Prev Med* 2007;33, 130-143) (13 s)

Orpinas, P. & Horne, A. M., 2005, *Bullying Prevention: Creating a Positive School Climate and Developing Social Competence*. Washington, DC: American Psychological Association, 2006 ISBN: 978-1-59147-282-7. kap 4 og 5, (ca 60 s).

### **Barnevern:**

Gilbert R, Widom CS, Browne K, Fergusson D, Webb E, Janson S. 2009. Burden and consequences of child maltreatment in high-income countries. *The Lancet* 373: 68–81 (23 s)

Bunkholdt & Sandbæk (2008). *Praktisk barnevernsarbeid*. Gyldendal Akademisk. Kap. 6: Barnevernets generelle oppgaver, s. 150-173 (13 s)

Kvello, Ø. (2010). *Barn i risiko*. Gyldendal Akademisk, Oslo. Kap 7: Barn som blir utsatt for omsorgssvikt, s. 198-211 (13 s) Kap 9: Barn som utsettes for fysisk avstraffelse, mishandling og vold, s. 272-311 (33 s)

### **Anbefalt litteratur:**

Kloppen et al (2015). Prevalence of Intrafamilial Child Maltreatment in the Nordic countries: A Review. *Child Abuse Review* Vol. 24: 51–66

### **Traumer, vold og seksuelle overgrep:**

Terr, L.C. (1991). Childhood Traumas: An Outline and Overview. *American Journal of Psychiatry* 148, 10-19. (9 s)

Robjant K & Fazel, M (2010). The emerging evidence for Narrative Exposure Therapy: A review, *Clin Psychol Rev*, 30 (8):1030-9 (9 s)

Ruf, M. et al (2010). Narrative Exposure Therapy for 7- to 16-year-olds: A Randomized Controlled Trial with Traumatized Refugee Children. *Journal of Traumatic Stress*, 23 (4), 437-445. (8 s)

Ehnholt KA, Yule W. (2006). Practitioner Review: Assessment and treatment of refugee children and adolescents who have experienced war-related trauma. *Journal of Child Psychology and Psychiatry*, 47(12):1197-1210. (13 s)

Perrin S, Smith P, Yule W. (2000). Practitioner Review: The assessment and treatment of post-traumatic stress disorder in children and adolescents. *Journal of Child Psychology and Psychiatry and Allied Disciplines*, 41(3):277-289 (12 s)

Blindheim, A. (2011). Kronisk traumatiserte barn. I Heltne, U. & Steinsvåg, PØ (red.) *Grunnlag for beskyttelse og hjelp*. Kap. 6. 74-80. Oslo. Universitetsforlaget. (7 s)

Raundalen, M. (2011). Vi må snakke med barn om volden. I Heltne, U. & Steinsvåg, PØ (red.) *Grunnlag for beskyttelse og hjelp*. Kap. 14. s. 174-183. Oslo. Universitetsforlaget. (9 s)

Tine Jensen et al. (2012). Traumefokusert kognitiv atferdsterapi. I Martinsen, K. & Hagen, R (red.) *Håndbok i kognitiv atferdsterapi. I behandling av barn og unge*. Kap. 6, s.169-196. Oslo. Gyldendal Norsk Forlag AS. (27 s)

### **Anbefalt litteratur:**

Anstorp, T, Benum, K & Jakobsen, M. (2006). *Dissosiasjon og relasjonstraumer*. Oslo. Universitetsforlaget.



Dyregrov, A. (2000). Barn og traumer. Oslo. Fagbokforlaget.

### **Barn i sorg og krise:**

Dyregrov A, Raundalen M. Sorg hos barn. Del 1 Tidsskrift for Norsk Psykologforening 1996; 33: 510-20 (10 s)

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Dyregrov, A. Komplisert sorg: teori og behandling. Tidsskrift for norsk psykologforening 2006, 43: 779-786. (7 s)

Reinfjell, T., Diseth, TH., Vikan, A. Barn og kreft: Barns tilpasning til og forståelse av alvorlig sykdom. Tidsskrift for norsk psykologforening 2007, 44, s 724-734.(10 s)

### **Anbefalt litteratur:**

Kubler-Ross, E. (1997). On children and death. Simon & Schuster.

Bowlby, J. (2008). Loss – Sadness and Depression: Attachment and loss. Volum 3. Random House.

Müller O. Sorgen som varer livet ut. Tidsskrift for Norsk Psykologforening 1994; 31:131-8.

Grøholt, B.B. (2008). Når krisen rammer barn og unge. Kristiansand: Høgskoleforlaget.

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Kari E Bugge, Hilde Eriksen og Oddbjørn Sandvik (red.) (2003) Sorg. Fagbokforlaget.

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Mehlum, L., (1999). Tilbake til livet. Selvmordsforebygging i teori og praksis. Kapittel: 14, 15 og 19. Høgskoleforlaget

### **Atferdsvansker:**

Kazdin, A.E. & Wassell, G. (2000). Therapeutic changes in children and families resulting from treatment of children with conduct problems. Journal of American Academic Child and Adolescents Psychiatry, 39, 414-420. (6 s)

Nock MK. Progress review of the psychosocial treatment of child conduct problems. Clinical Psychology-Science and Practice 2003;10(1):1-28 (27 s)

### **Depresjon, selvmord og selvskading:**

Bridge, J. A., T.R. Goldstein, and D. A. Brent. Adolescent suicide and suicidal behavior. Journal of Child Psychology and Psychiatry. 47:372-394, 2006 (22 s)

Lynch, T. R., A.L. Chapman, M.Z. Rosenthal, J.R. Kuo, and M.M. Linehan. Mechanisms of change in dialectical behavior therapy: Theoretical and empirical observations. *Journal of Clinical Psychology*. 62:459-480, 2006. (21 s)

Mufson, L. and R. Sills, Interpersonal psychotherapy for depressed adolescents (IPT-A): An overview. *Nordic Journal of Psychiatry*. 60:431-437, 2006 (7 s)

Nock, M. K. and M. J Prinstein. Contextual features and Behavioral functions of self-mutilation among adolescents. *Journal of Abnormal Psychology*. 114:140-146, 2005. (6 s)

Nasjonale retningslinjer for forebygging av selvmord i psykisk helsevern; Sosial og helsedirektoratet (47 s)

### **Anbefalt litteratur:**

Fredriksen, A. & Aarseth, J. (2012). Depresjon. I Martinsen, K. & Hagen, R (red.) Håndbok i kognitiv atferdsterapi. I behandling av barn og unge. Kap. 3, s. 86-113. Oslo. Gyldendal Norsk Forlag AS.

Kåver, A. & A. Nilson (2005). Dialektisk atferdsterapi med emosjonell ustabil personlighetsforstyrrelse. Gyldendal akademiske.

Nasjonale retningslinjer for forebygging av depresjon i psykisk helsevern; Sosial og helsedirektoratet

### **Spiseforstyrrelser:**

Zipfel et al (2015). Anorexia nervosa: aetiology, assessment, and treatment. *The Lancet Psychiatry*, 2, 12, 1099-1111.

Pennesi et al: A systematic review of the existing models of disordered eating: Do they inform the development of effective interventions? *CLINICAL PSYCHOLOGY REVIEW* Volume: 43, 175-192

Blessitt et al (2015). Family therapy for adolescent anorexia nervosa. *Current opinion in psychiatry*, 2015, Vol.28(6), p.455-460

### **Anbefalt litteratur:**

Evidence Based Treatments for Eating Disorders: Children, Adolescents, and Adults, 2nd edition. Edited by Ida F. Dancyger and Victor M. Fornari

New York, NY: Nova Science Publishing Inc., 2014, 582 pages, \$245.00

Bulik CM, Berkman ND, Brownley KA, Sedway. Anorexia nervosa treatment: A systematic review of randomized controlled trials. *International Journal of Eating Disorders* 2007; 40(4):310-320 (10 s)

Shapiro JR, Berkman ND, Brownley KA, Sedway JA, Lohr KN, Bulik CM. Bulimia nervosa treatment: A systematic review of randomized controlled trials. *International Journal of eating disorders* 2007; 40(4):321-336 (15 s)

Lock & Fitzpatrick (2009). Advances in Psychotherapy for Children and Adolescents with Eating Disorders. American Journal of Psychotherapy, 63, 4, p. 287-303. (17 s)

#### **Komorbiditet:**

Angold, A, Costello EJ, Erkanli A (1999). Comorbidity. Journal of child psychology and psychiatry and allied disciplines, 40, 1, p. 57-87. (30 s)

### **PSYPRO4602 – PRAKTISK KLINISK TERAPIOPPLÆRING – BARN OG UNGDOM**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO 4601 KLINISK PSYKOLOGI – BARN OG UNGDOM, må også anses som støttelitteratur.

### **PSYPRO4603 – KLINISK PSYKOLOGI – VOKSEN (15 STUDIEPOENG VÅR/HØST)**

#### ***Digitalt kompendium av artikler:***

#### **Sentrale perspektiver: Psykoterapi**

##### **Relasjon og emosjonsorientert terapi (97 sider):**

Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. Journal of Consulting Psychology, 21, 95-103

Berge, T & Karlsen, K.E. (2014): Emosjonsfokuset terapi i: Psykoterapi: Tilnærminger og metoder kap 12

Rollnick, S., Miller, W. R., Butler, C (2008). Motivational interviewing in health care. Guilford Press. ss 33-107

##### **Kognitiv orientert terapi (230 sider):**

Wells, A. (1997). Cognitive Therapy of Anxiety Disorders. Wiley & Sons kap 3-10 Nordahl, H. (2014). Metakognitiv terapi i Psykoterapi: Tilnærminger og metoder kap 11

Craske, M., Treanor, M., Conway, C.C et al (2014). Maximising exposure therapy: An inhibitory learning approach. Behaviour Research and Therapy, 58, 10-23.

##### **Psykodynamisk orientert terapi (220 sider)**

Leigh McCullough et al (2003), Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherapy, kap 1-10

Stanicke E., Stanicke, L.I. (2014). Psykoanalytisk terapi. Psykoterapi: Tilnærminger og metoder kap 4

Høstmark Nielsen, G. & Binder, P (2014). Relasjonsrettet korttids dynamisk psykoterapi i: Psykoterapi: Tilnærminger og metoder kap 5

##### **Gruppe/parterapi (45 sider)**

Schluter, C. & Bakali, J.V (2014). Dynamisk gruppeterapi. Psykoterapi: Tilnærminger og metoder kap 18

Hagen, R. (2014). Kognitiv gruppeterapi. Psykoterapi: Tilnærminger og metoder kap 19

Tilden, T. (2014). Par terapi. Psykoterapi: Tilnærminger og metoder kap 15

### **Terapeutisk allianse og psykoterapiforskning (205 sider)**

Safran, J, D & Muran. J. (eds) (2000). Negotiating the therapeutic alliance in psychotherapy. A relational treatment guide. New York: Guilford Press: Kap: 1-5

Gelso, C. (2014). A tripartite model of the therapeutic relationship: Theory, research, and practice. *Psychotherapy Research*, 24, 117 – 131.

Ryum, T & Halvorsen, J (2014). Psykoterapiforskning. Psykoterapi: Tilnærminger og metoder kap 2

### **Psykopatologi**

#### **PTSD og traumer (30 sider)**

Rothbaum & Schwartz (2002). Exposure therapy for post-traumatic stress disorder. *American Journal of Psychotherapy*, 59-75. Wells, A & Sembi, S. (2004). Metacognitive therapy for PTSD. A core treatment manual. *Cognitive and Behavioural Practice*, 365-377

#### **Depresjon (94 sider)**

Berge, T (2008). Kronisk depresjon. I Berge & Repål (red). *Håndbok i kognitiv terapi* side 286-318. Gyldendal Forlag. (28 sider).

Hjemdal, O. & Hagen, R. (2012). Metakognitiv terapi ved depresjon. *Tidsskrift for Norsk Psykologforening*, side 59-63

#### **Psykoser (66 sider)**

Hagen, R., Turkington, D., Berge, T., & Gråwe, R. W (2011). CBT for psychosis. A symptom based approach. Kapittel 2-6, 9

#### **Personlighetsforstyrrelser/Borderline PF (95 sider)**

Paris. J. (2008), *Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice*. Guilford Press: kap 6, 8-12

#### **Ruslidelser (35 sider)**

DiClemente C.C (2006). Natural Change and the troublesome Use of Substances: A life-course perspective. In Miller, W & Carroll, K.M.: *Rethinking Substance abuse*. Kap 6

Miller, W. & Carroll, K.M (2006). Drawing the scene together: Ten principles, ten recommendations. In Miller, W & Carroll, K.M.: Rethinking Substance abuse. Kap 18

### **Seksualitet, identitet og livsvansker**

#### **Seksualitet, identitet og kjønnsrolle (160 sider)**

Langfeldt, T (2013). Seksualitetens glæder og sorger: Identiteter og uttrykksformer. Oslo, Fagbokforlaget.

#### **Smerter og søvnproblemer (77 sider)**

Fetveit, A., Bjorvatn, B. (2007) Søvnforstyrrelser ved psykiske lidelser. Tidsskrift for Norsk Psykologforening, side 394-402

Kerns, R. D., Sellinger, J., & Goodin, B.R. (2011). Psychological treatment of chronic pain. Review of Clinical Psychology, 411–34 Nordhus, I. H. & Pallesen, S. (2007) Psykologisk forståelse og behandling av søvnproblemer hos voksne. Tidsskrift for Norsk Psykologforening, side 413-422

Sættem, L. S. & Stiles, T. C. (2008). Kroniske smerter. I T. Berge & A. Repål (red.), Håndbok i kognitiv terapi (s. 590–616). Oslo: Gyldendal Akademisk.

### **Bøker:**

Safran & Muran (2000) Negotiating the therapeutic alliance in psychotherapy, kap. 1-5

Hagen, Turkington Berge, & Gråwe (2011). CBT for psychosis. A symptom based approach. Kapittel 2-6, 9

Paris. J. (2008), Treatment of Borderline Personality Disorder: A Guide to Evidence-Based Practice. Guilford Press: kap 6, 8-12

Leigh McCullough et al (2003): Treating Affect Phobia: A Manual for Short-Term Dynamic Psychotherap. Guilford press. New York

Wells, A. (1997). Cognitive Therapy of Anxiety Disorders.

Kennair LEO og Hagen R (2014): Psykoterapi: Tilnærminger og metoder. Oslo Gyldendal

Langfeldt, T (2013). Seksualitetens glæder og sorger: Identiteter og uttrykksformer. Oslo, Fagbokforlaget.

## **PSYPRO4604 – PRAKTISK KLINISK TERAPIOPPLÆRING – VOKSEN**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4603 KLINISK SPYKOLOGI – VOKSEN, må anses som støttelitteratur.

## **PSYPRO4605 - KLINISK NEUROPSYKOLOGI (7,5 STUDIEPOENG VÅR/HØST)**

### ***Digitalt kompendium:***

Anderson, V., Northam, E., Hendy, J., Wrennall, J. (2001): Developmental Neuropsychology. A Clinical Approach. Psychology Press Ltd. Kap 9, Childhood epilepsies (s. 279-341)

Bradshaw, John L.: "Attention deficit hyperactivity disorder" (Kap 6) i Developmental Disorders of the Frontostriatal System. Neuropsychological, Neuropsychiatric and Evolutionary Perspectives. Hove. Psychological Press, 2001 (s. 93-115)

Feinberg, T.E., & Farah, M.J.: Behavioral Neurology and Neuropsychology. (2nd ed) Mc Graw-Hill, 2003 (s.801-819/ s.821-829/ s.783-799/s. 853-865)

Wilson, B.A., Gracey, F., & Evans, J.J (2009). Neuropsychological Rehabilitation: Theory, Models, Therapy and Outcome. Cambridge University Press (s. 1-21/s.47-67)

Brain Kolb, B., & Whishaw, I. (2009). Fundamentals of Human Neuropsychology. (Sixth Edition). World Publishers.

Kap. 23. – Brain Development and Plasticity

Kap 24. – Developmental Disorders

Grant, I., & Adams, K.M (Eds.). (2009). Neuropsychological Assessment of Neuropsychiatric and Neuropedical Disorders (Third ed.). New York: Oxford University Press.

Kap. 16: Diabetes and the Brain: Cognitive Performance in Type 1 and Type 2 Diabetes (side 350-365)

Kap. 18. The Neurobehavioral Correlates of Alcoholism (side 398-454)

Kap. 21. Clinical Neuropsychology of Schizophrenia (side 507-522)

### ***Bøker:***

Knut Hestad og Jens Egeland: Nevropsykologisk undersøkelse av voksne pasienter (2010)

### ***Anbefalt litteratur***

Strauss, E., Sherman, E.M.S., & Spreen, O. (2006). A Compendium of Neuropsychological Tests: Administration, Norms and Commentary. Oxford University Press.

Brain Kolb, B., & Whishaw, I. (2009). Fundamentals of Human Neuropsychology. (Sixth Edition). World Publishers. (sid. 655-817)

Kap 25. – Plasticity, Recovery and Rehabilitation of the Adult Brain

Kap. 26 – Neurological Disorders

Grant, I., & Adams, K.M (Eds.). (2009). Neuropsychological Assessment of Neuropsychiatric and Neuromedical Disorders (Third ed.). New York: Oxford University Press.

## **PSYPRO4606 – PRAKTISK OPPLÆRING I KLINISK NEUROPSYKOLOGI**

(7,5 STUDIEPOENG VÅR/HØST)

Eventuelle artikler/støttelitteratur oppgis ved behov av kurslederne. Pensum i emnet PSYPRO4605 KLINISK NEUROPSYKOLOGI, må også anses som støttelitteratur